



SEMPER FIDELIS

Issue 3, 4th March 2026
Choose Catholic Education



The College held its opening Mass on Friday at the Sacred Heart Church. It was great to see a full church with many families and parishioners joining students and staff for the celebration. A focus of the Mass was to prepare for the opportunities and challenges that would be presented during the year and we did not have to wait long for a challenge with a power outage that lasted most of the day, occurring 10 minutes before the start of Mass. Thanks to some quick thinking, we were able to proceed by using an electronic vehicle and battery powered PA system to complete the celebration without incident which was a great effort by everyone involved. A big thank you to Mr Michael Ross for his organisation of the Mass and to Father Junjun and Father Michael for celebrating our opening Mass.



Directly following Mass, our student leaders for 2026 were presented to the community.

Congratulations to the following students:

CLASS CAPTAINS



Year 7A - Brielle De Maria
Year 7B - Winnie Cooper
Year 8A - Sally Howell
Year 8B - Sienna O'Brien
Year 9A - Maisie Cope
Year 9B - Bobbie Tayler
Year 10A - Bailey Richardson
Year 10B - Charli Taylor
Year 11 - Zoe Freestone & Benjamin Coffey

SRC



Year 7A - Estelle Kreeck
Year 7B - Jack Bruce
Year 8A - Elzah Smith
Year 8B - Matilda Savage
Year 9A - Tathila Suriyapathiranalage
I& sabel Bruce
Year 10A - Claire Connell
Year 11 - Abbi McLarty & Rhys Driscoll

FAITH & JUSTICE



Year 7A - Willow Appleby
Year 7B - Alvie Young, Paityn Egan & Milli Pearce
Year 8A - Hayley Robinson
Year 8B - Desi Doyle & Angus Looby
Year 9A - Jordan Knight & Finn Bruce
Year 10A - Billy Doyle & Henry Donovan
Year 11 - Nikki Bastin-Dow

SWIMMING INTENSIVE

Last week all students from year 7-10 participated in an intensive swimming program. The Victorian Curriculum F-10 has strengthened the place of swimming and water safety in the curriculum, requiring all students from Foundation to Year 10 to learn and demonstrate the knowledge and skills identified in the Victorian Water Safety Certificate. This includes water safety knowledge, rescue skills, survival sequences and the ability to swim continuously for 50 metres. A big thank you to Mr Noel Skehan and the PE & Health staff for coordinating the program so successfully.

MORRISBY CAREER PROFILING

This week our Year 10 students will take part in the Morrisby assessment and questionnaire. The program is designed to identify individual student's underlying strengths and generate personalised suggestions to inform career and subject choices, enabling students to investigate and explore options and opportunities that fit abilities, interests and their personality. Following the compilation of the results, students and their families will be invited to a meeting with Careers Leader, Mrs Loretta Casey, to go through the report and discuss future possible pathways.

KEY DATES TERM 1

Friday 6th March

School Photos

Monday 9th March

Labour Day Public Holiday

Thursday 12th March

Year 10 Holocaust Museum Visit

Thursday 26th March

Inter/Senior Sports

Tuesday 17th March

St Patrick's Day - Caritas Fundraiser

Tuesday 31st March

Junior Sports

Thursday 2nd April

Last Day Term 1

Friday 3rd April

Good Friday



Slip



Slop



Slap



Seek



Slide



DON'T FORGET YOUR HAT IN TERM 1

WOKA WALA PROGRAM

This Year's cohort of Year 9 students have made a very positive start to Woka Wala. The focus of this semester is understanding and developing a successful business. Last week, some of our Year 10 students presented to our Year 9 students, reflecting on how they developed their business. The students spoke very well, reflecting on what worked well and what were the challenges. Our current students were very engaged and asked some excellent questions. A big thank you to our Year 10 students, Andrew, Bailey, Skyla, Summer, Claire, Layla and Jackson.



Mr Nagle

Heavenly Father, as we walk through this holy season of Lent, open our minds and hearts to honest reflection and the possibility of change. Teach us to offer our sacrifices with intention, to lean on You in our times of struggle, and to see Your hand at work in the ordinary moments of our lives.

Through our commitment to prayer, fasting, and generosity, may we grow deeper in our relationship with You and with those around us. Amen



Lent holds a special place in the Catholic calendar as the season that leads us toward Easter – the most significant celebration of the Christian year. In contemporary Australia, it can seem as though Christmas takes centre stage as the defining holiday of faith, but the Christian tradition places its greatest weight on Easter.

While Advent, the lead-up to Christmas, spans just four weeks, Lent extends for more than six. This reflects how the earliest Christians understood their faith: the birth of Jesus, though meaningful, was not seen as the defining moment. It is the death and resurrection of Christ that lie at the very heart of Christianity – without them, the faith itself would have no foundation. Easter is therefore of profound importance, marking Jesus's redemptive sacrifice and God's plan to restore humanity.

Within our college community, Lent is a season of active participation. It began with our Ash Wednesday gathering, a reminder that despite our human frailty, we are each chosen and loved by God. A central focus across these weeks is our fundraising for Caritas, the international charitable arm of the Catholic Church. Students are invited to make a small personal sacrifice – giving something up – and redirect those savings as a donation. Homerooms are encouraged to take this even further, organising their own fundraising initiatives and extending the spirit of giving more broadly through the school. Through these experiences, students begin to appreciate the advantages they enjoy and discover their own power to bring meaningful change to the lives of others less fortunate.

At its core, the message of Jesus calls us to love – especially those who are most vulnerable. We warmly encourage you to support your child as our community embraces the spirit of Lent together.





Izzy Cummins
1st 50m Breaststroke
&
1st 50m Freestyle



Flynn Cox
13 Boys Age Champion



Sophie Archibald
14 Girls Age Champion

Congratulations!



What an incredible effort from our Sacred Heart College Swimming Team at the O & M Swimming today!

Congratulations to Izzy Cummins who came first in the 50m Freestyle & 50m Breaststroke races she competed in, and to Flynn & Sophie winning their age championships.



Thank you to Woolies for their generous donation for the BBQ at our Swimming Sports on Friday, 20th February. Your kindness and support have allowed us to raise \$774.95 for Caritas.



TUESDAY 17TH MARCH



Wear Green - Gold Coin Donation

SAUSAGE SIZZLE LUNCH
on the Kennedy Lawns

Sausages - \$2.50 each

Drink - \$2.50 each

Please support our VM Students with all proceeds going to Caritas.

NAPLAN TIMETABLE

Wednesday 11th of March	Year 7	Year 9
	Period 1	Period 3
Rooms	SA5 and SA6	SA5 and SA6
	Writing	Writing
Test Administration	10 minutes	10 minutes
Test Duration	42 minutes	42 minutes

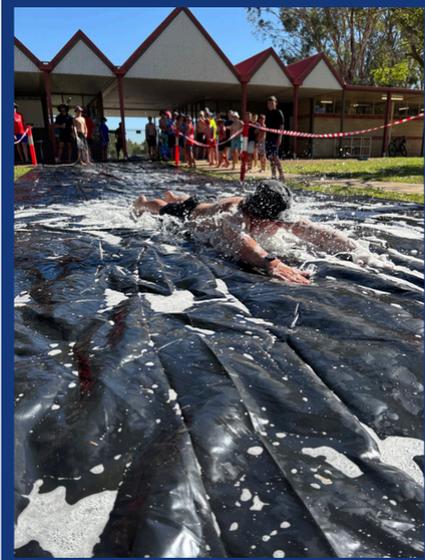
Thursday 12th of March	Year 7	Year 9
	Reading	Reading
Test Administration	10 minutes	10 minutes
Test Duration	65 minutes	65 minutes

Friday 13 March	Year 7	Year 9
	Conventions of Language	Conventions of Language
Test Administration	10 minutes	10 minutes
Test Duration	45 minutes	45 minutes

Monday 16 March	Year 7	Year 9
Test	Numeracy	Numeracy
Test Administration	10 minutes	10 minutes
Test Duration	65 minutes	65 minutes



swimming SPORTS











COUNTRY EDUCATION PARTNERSHIP

Year 11 student Ben Coffey has been selected for a prestigious Rural Youth Ambassadorship, recognising his leadership, commitment to community and dedication to representing rural young people.



This ambassadorship provides Ben with the opportunity to:

- Advocate for rural youth issues
- Develop advanced leadership skills
- Engage with community and industry leaders
- Represent regional voices at broader forums

Ben's selection highlights his initiative, resilience and strong connection to his rural community. The program aims to empower young leaders to contribute positively to regional development and ensure rural perspectives are heard at state and national levels.

Ben will travel to Melbourne at various times of the year with other students from around the state to participate in a range of key strategic initiatives and group forums.

Congratulations to Ben on this outstanding achievement – we look forward to seeing the impact he will make as a Rural Youth Ambassador!

Year 8
MATHS



Daily Review in Action!

Parent Access Module (PAM) Manual

SIMON Everywhere
Guide

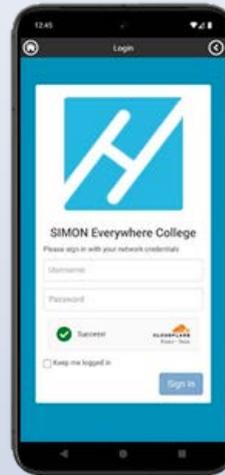
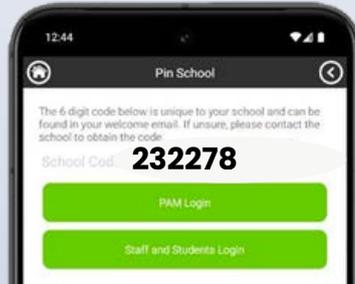


Click on the **SIMON Everywhere Guide** to access the PAM Manual.

Follow the directions below to re-log into the SIMON Everywhere mobile app. You may need to re-install the app on your phone.

Within the SIMON Everywhere app, click Pin School

Enter the 6 Digit Code
(This is specific to SHCY)



Login to school normally. Once logged in, the school will be automatically pinned to the app.

2026
SCHOOL
PHOTOS

PHOTO DAY
Friday 6th March

HOW TO ORDER

Step 1

Click here or scan the QR code to go to our ordering portal:

<https://sacredheartcollegeyarrawonga-msp.msp.photos/Photos/>



Step 2

Click

Sign in with Student Details

Enter your child's surname and date of birth. You will be prompted to create an account. Once you have logged in, you will be able to add additional children and family photos.


msp
photography

MSP PHOTOGRAPHY

MURRAY RIVER REGION

E admin.mrr@msp.com.au

T 03 5482 3190

PO Box 13

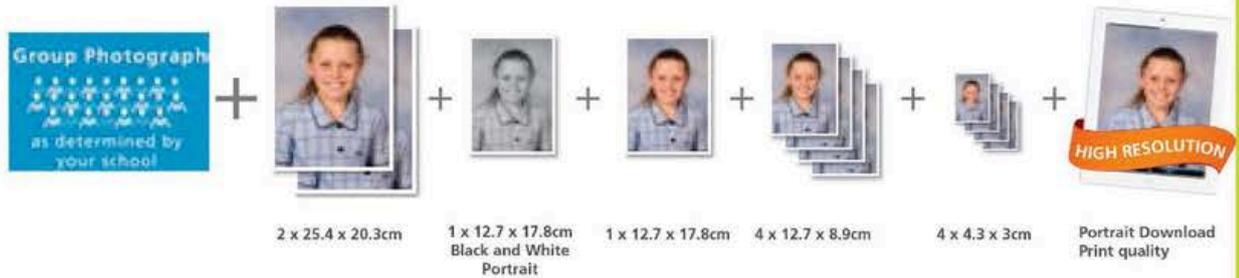
Moama NSW 2731

Online ordering will remain open indefinitely, but an archive retrieval fee will apply for all orders placed after Thursday 12th March.

School Photo Day - 2026

Individual package details

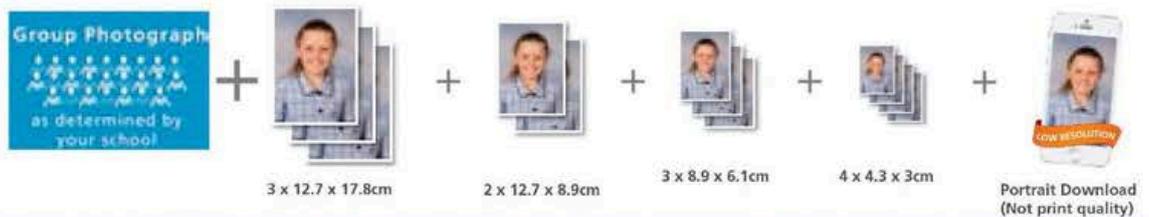
Premium Pack
\$61



Classic Pack
\$56



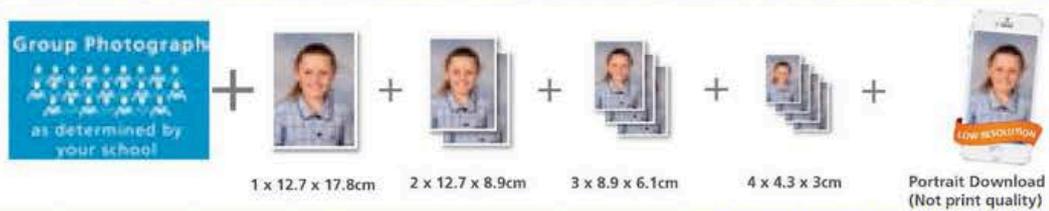
Value Pack
\$52



Essential Pack
\$49



Basic Pack
\$45



* Only available when purchasing one of the packs listed above.

Gift Pack*
All 12 items

\$15



Class Group Photo
\$35





2026 SECONDARY SCHOOL IMMUNISATION PROGRAM

Thank you to the families that have accessed the website and provided consent.

Parents or guardians must complete the consent section on the online portal for their child to receive immunisation.

You can say no to the offer of free, secondary school-based immunisation for your child. If you wish to do so, you should decline your consent online.

Please click the link provided and input your child/ren's Year level you are consenting to.

<https://moira.book.vitavo.com.au/school/SacredHeartCollege-uoGvbl>

CONTACTING STUDENTS IN CLASS FROM A PARENT TO THEIR CHILD

When parents wish to contact their child, they should do so through the school's front office. To avoid disrupting the learning environment we ask parents to allow for students to be notified, when possible, during recess & lunch breaks.



OPEN
Monday & Friday
at Recess

Hot Coffee \$4.50

Iced Drinks \$5.00 - \$6.00

Toasties \$4.00

GREAT NEW READS IN THE LIBRARY #1

HISTORICAL FICTION

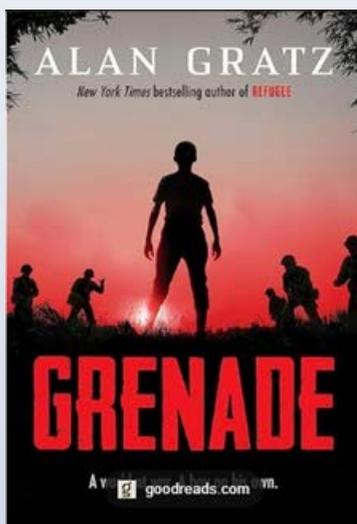
Historical Fiction is probably my favourite genre. Often at the back there will be information about some of the real-life facts about the era or people which the story is based on. Some of my favourite authors of this genre include Jackie French and Alan Gratz.

GRENADE BY ALAN GRATZ

Set during World War II, Grenade is two stories in one. We follow the experiences of Hideki who lives on the island of Okinawa and is conscripted to fight FOR the Japanese and Ray, a young American Marine, who has just landed on Okinawa to fight AGAINST the Japanese.

The reader learns what each side is told about the other and find yourself equally praying each main character survives, but how can they when they are fighting on opposite sides?

This novel is a great demonstration of the saying "there are 2 sides to every story"



"One battle, Two Sides. No easy choices"

It's 1945 and the world is in the grip of war.

Hideki lives with his family on the island of Okinawa, near Japan. When World War II crashes onto his shores, Hideki is yanked out of school and drafted into the Blood and Iron Student Corps to fight for the Japanese army. He is handed a grenade and a set of instructions: Don't come back until you've killed an American soldier.

Ray, a young American Marine, has just landed on Okinawa with his squad. This is Ray's first ever battle, and he doesn't know what to expect – or if he'll make it out alive. He just knows that the enemy is everywhere.

Hideki and Ray fight their way across the island, surviving heart-pounding clashes and dangerous attacks. But when the two of them collide in the middle of the fighting, the choices they make in that single instant will change everything.

STUDENT BOOK REVIEW COMPETITION

Don't forget our Book Review competition. Pick up an entry from the library. Each fortnight the best review will get a small prize and the class who have submitted the most reviews at the end of the term will get a class prize. There will also be a prize of the student who submits the most book reviews this semester.

Discover more in the Library catalogue:
<https://library.shcy.vic.edu.au/#!dashboard>

REMEMBER

STUDENT ARRIVALS AND EARLY DEPARTURES

To help maintain a focused and uninterrupted learning environment, we kindly ask that parents communicate any early pickup plans with their child before the school day begins.

We understand that unexpected situations can arise. If an early pickup becomes necessary during the day, please contact the school office at your earliest convenience so we can make arrangements with minimal classroom disruption.

Additionally, if a student arrives late to school, they **must sign in at the office** before heading to class. This ensures accurate attendance and helps us keep all students safe and accounted for.

Thank you for your continued support in helping our school day run smoothly!

BEFORE AND AFTER SCHOOL SUPERVISION:

Please note that supervision for students commences at:

8.30am Monday, Wednesday and Friday &
8.40am Tuesdays and Thursdays.

CURIOUS ABOUT CATHOLICISM? OR THINKING ABOUT COMING BACK TO CHURCH?

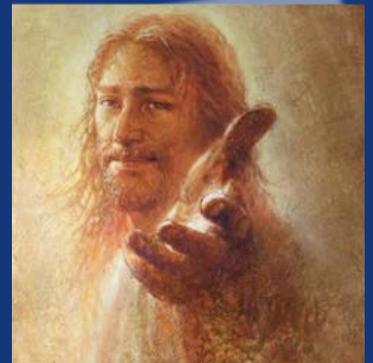
Whether you're seeking to learn more about the Catholic faith or considering returning to the Church, we invite you to join us at the Parish of the Sacred Heart here in Yarrowonga.

Our welcoming programme is designed to guide you through the teachings of Jesus Christ, helping you discover or rediscover the profound sense of home and belonging that our faith offers.

Led by our parishioners, this is an opportunity to ask questions, explore Catholic beliefs, and grow in your spiritual journey.

Come, and see how the Church can be a place of peace and hope for you.

Contact Michael Ross – michael.ross@shcy.vic.edu.au or Fr. Junjun on 0459 356 917



Parish Contacts

Parish Priest: Fr Junjun Amaya 0459-356-917

Email: junix28@gmail.com

Parish Secretary: Jess Vandiejen

Office Ph: 03 5744 3030

Sister of Mercy: Sr. Helen Glasheen

Email: yarrowonga@sandhurst.catholic.org.au

Schools

Sacred Heart Primary, Yarrowonga

Principal: Jarrod Mullarvey Ph: 03 5744 3339

Sacred Heart College, Yarrowonga

Principal: Lew Nagle Ph: 03 5742 1300

Sacred Heart College

33 Witt Street

PO Box 286 Yarrowonga Vic 3730

Ph: 03 5742 1300

www.shcy.vic.edu.au

email: info@shcy.vic.edu.au

Lunchbox IDEAS

Banana Bread



Ingredients

- 4 over ripe bananas
- 2 eggs
- 2 tablespoons canola oil
- ½ cup milk
- 1 cup wholemeal self raising flour
- 1 cup self raising flour
- ½ cup sugar
- 1 teaspoon bicarbonate soda

Makes 12



1 MASH

Preheat oven to 180°C. Place in a mixing bowl. Mash well with a masher.



2 CRACK

Crack eggs into the banana and mix well.



3 ADD

Add oil, milk and bicarbonate soda to the banana mixture and mix through.



4 COMBINE

In a separate bowl, combine the flours and sugar.



5 ADD

Add the banana mixture into the flour bowl.



6 MIX

Mix altogether until well combined.



7 POUR

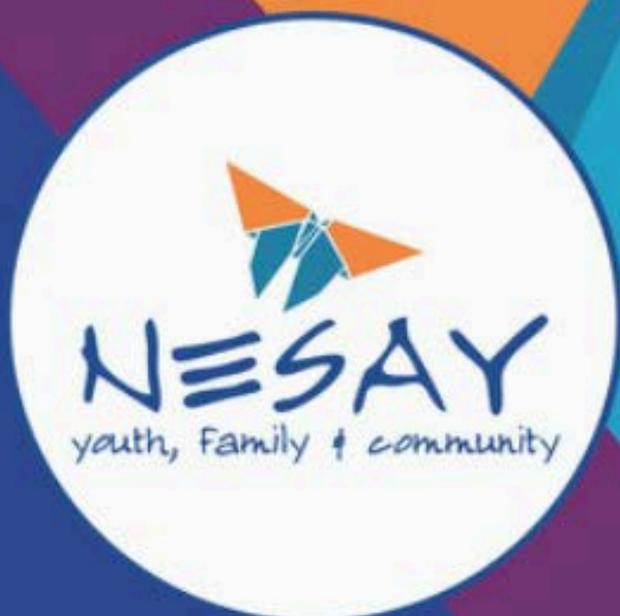
Pour mixture into a greased loaf pan.



8 BAKE

Bake in oven for 45 minutes until brown. Cool completely before slicing.

Are you aware of what services are available in your area for young people to access?
Check out the Yarrowonga Youth Contacts for details.



www.nesay.com.au

Yarrowonga Youth Contacts

Crisis & Emergency

Police, Fire, Ambulance 000
Kids Helpline 1800 551 800
Lifeline 131 114

Hospitals

Yarrowonga District Health Service 5743 8111
Nurse on Call 1300 606 024

Youth Services

NESAY 5720 2201
The Bridge Youth Service 5831 2390
DFFH 5722 0555

Health

NECAMHS 5723 8900
Community Health Centre 5743 8500
Yarrowonga Denis Medical Group 5744 1777

Family Violence

Goulburn Valley CASA 5831 2343
Safe Steps 1800 015 188

Alcohol & Other Drugs

Yarrowonga Health & Community Services
5743 8111

Financial

Centrelink 132 490
VincentCare 5744 2460
Primary Care Connect 5823 3200
Yarrowonga Neighbourhood House 5744 3911

Food assistance

St Vincent De Paul 5744 3083

Legal

Goulburn Valley Community Legal Centre
1800 310 900

Housing

Beyond Housing 5722 8000
Urgent assistance 1800 825 955



Get up to \$500 for education costs

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Be in receipt of an eligible Commonwealth social security benefit, allowance or payment
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



saverplus.org.au

1300 610 355





International Women's Day



INTERNATIONAL WOMEN'S DAY ANNUAL YARRAWONGA BREAKFAST 2026

Theme for 2026 - Give to Gain

Saturday 14 March 2026

Doors open 8am • Start 8.30am

Uniting Church Hall, Tom & Piper Streets, Yarrowonga

Tickets \$15
Lucky door prizes & raffles
Proceeds support Yarrowonga Library
and Yarrowonga Homelessness
Support Service Program

RSVP: ~~8~~⁷ March 2026
Payment required at booking
Ticket sales (in person): CWA Rooms,
21 Hovell Street, Yarrowonga
10am - 12pm Friday 20/2, Thursday
5/3 and Friday 6/3
Saturday 28/3 & Saturday 2/3

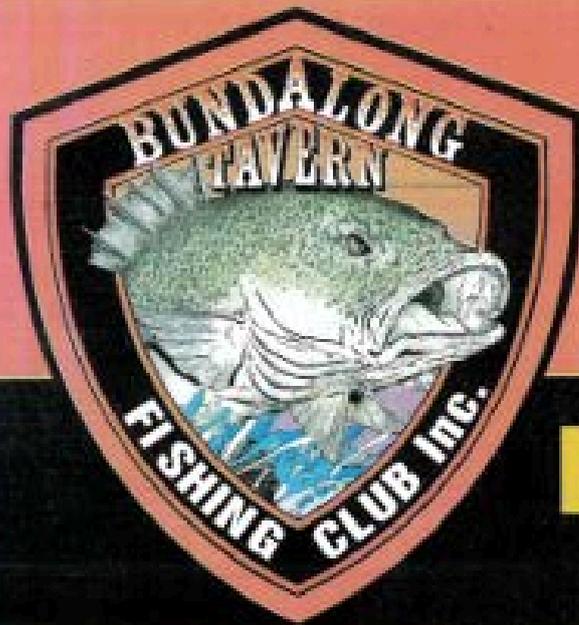
Contact

Yarrowonga and Border Branch Country Women's Association Victoria

cwayarrowongaandborder@gmail.com

Christina Cook 0434 244 668 Sue Jackson 0407 094 124





The Bundalong Tavern Fishing Club Comp

7419 MURRAY VALLEY HWY, BUNDALONG VIC 3730

BAIT OR LURE FISHING

***NO LIVESCOPE ALLOWED**

FRI 6th - SUN 8th MARCH

**REGISTER, COLLECT YOUR CATCH CARD & TOKEN
AND START FISHING FROM 4PM FRIDAY!**

\$3000 WORTH OF PRIZES TO BE WON

**3 X MYSTERY COD LENGTH
LARGEST MURRAY COD
LARGEST YELLOW BELLY
JUNIOR PRIZES
LADIES LARGEST COD**

ALL ENTRY'S GO IN THE DRAW TO WIN GREAT PRIZE!

REGISTER AT THE BUNDALONG TAVERN FRI 6TH MARCH 4PM - 8PM
or SAT 7TH MARCH 7AM - 8AM AT WATT'S IN BUNDALONG CAFE

ENTRY FEES: \$20 PER ANGLER JUNIORS U/16: \$FREE

PRESENTATION & FREE BBQ: SUN 8TH MARCH 12.00PM

**BECOME A 2025 - 2026
BTFC MEMBER**

\$20 PER ADULT \$50 PER FAMILY
(FREE STUBBY HOLDER & KEYRING)

**BUNDALONG
TAVERN**



Watt's
Bundalong
Cafe



INTENTS
FISHING & OUTDOORS

NAGLE'S Butchery
47 Bolmore St Yarravonga 03 5744 3802

YARRAWONGA
POWERBOAT
SPECTACULAR

FEEL THE THUNDER

BATTERY WORLD NATIONAL DRIVER'S CHAMPIONSHIP EC GRIFFITH CUP

JACKSON STRONG
**FMX ON THE
WATERS EDGE**
FEATURING BEN & TOM RICHARDS

17-19 APRIL
YARRAWONGA
FORESHORE **2026**



YARRAWONGABOATRACING.COM.AU YARRAWONGAPOWERBOATSPECTACTULAR @ f