



# SEMPER FIDELIS

— Issue 2, 18th February 2026 —  
*Choose Catholic Education*

## ASH WEDNESDAY

This week the College will hold a liturgy in the church for Ash Wednesday which marks the start of Lent. The liturgy will also be used to launch the Project Compassion Caritas appeal. Each year the students at the College, through their Learning Advisor groups, do a wonderful job raising money to support vulnerable communities, both in Australia and abroad. The money raised goes towards water and sanitation, sustainable farming, education and health. Last year the students raised an amazing amount of \$2667. It would be fantastic if we could match or exceed this total in 2026.

As we prepare for Lent, a time of preparation, mercy and repentance, our VCEVM students provided us all with pancakes on Shrove Tuesday. The VCEVM team have done a wonderful job with the Sacred Grounds café this year, so were well prepared to feed us all on Tuesday.

## YEAR 12 RETREAT

I had the pleasure last week to join the year 12 students on retreat at the idyllic "Quandong" homestead, Wahgunyah. This was a great venue for the students and staff to come together to set goals for what is a very important year. A big thank you to Mr Matt Wood for his superb organisation and to the support provided by Ms Renee Shannon, Mr Cam Sudholz, Mr Michael Ross and Ms Karen Kaine. A special thank you must go to Father Junjun who drove from Moama to lead us in Mass which was an incredible effort and gratefully appreciated by all present.

## KEY DATES TERM 1

### Friday 20<sup>th</sup> February

Swimming Carnival

### Tuesday 3<sup>rd</sup> March

Year 10 Morrisby Career Profiling

### Friday 6<sup>th</sup> March

School Photos

### Monday 9<sup>th</sup> March

Labour Day Public Holiday

### Thursday 12<sup>th</sup> March

Year 10 Holocaust Museum Visit

### Thursday 2<sup>nd</sup> April

Last Day Term 1

## SCHOOL TRAVEL PLAN

The principals of the three Yarrawonga schools met last week with representatives from the Moira Council. The purpose of the meeting was to commence development of a school travel plan for all students in Yarrawonga.

The group will be gathering data on the number of students who walk or ride to school, the route taken, the identification of safety issues informing the Council to the most effective use of resources to promote safe active travel to school. If you are interested in being part of this planning group, please contact the College on 5742 1300.

*Mr Nagle*



Ash Wednesday marks the beginning of Lent, the forty-day season of prayer, fasting, and almsgiving that prepares us for Easter. On this solemn day, Catholics receive ashes on their foreheads in the sign of the cross, accompanied by the words "Remember that you are dust, and to dust you shall return" or "Repent, and believe in the Gospel." The ashes, made from blessed palm branches from the previous year's Palm Sunday, symbolize our mortality, our need for repentance, and our commitment to spiritual renewal.

For our Mercy community, Ash Wednesday holds special significance as we reflect on Catherine McAuley's call to show compassion to those in need. This Lenten season invites us to embrace humility, acknowledge our dependence on God's mercy, and extend that same mercy to others through acts of service and kindness. As we begin this sacred journey, we commit to turning our hearts back to Christ with sincerity, hope, and generous spirits.

### **PRAYER FOR THE SEASON OF LENT**

*Merciful God,*

*As we begin this sacred season of Lent, we pause to remember your boundless love for us and your call to turn our hearts back to you.*

*In these forty days, help us to walk with Jesus on his journey to the cross. Give us the courage to look honestly at our lives—at the ways we have fallen short and the ways we long to grow.*

*Guide us in our Lenten practices of prayer, fasting, and almsgiving. May our prayer draw us closer to you, our fasting teach us compassion for those who go without, and our generosity reflect your mercy to a world in need.*

*In the spirit of Catherine McAuley, who saw Christ in the faces of the poor and marginalized, open our eyes to see where we are called to serve. Help us to be instruments of your mercy in our school, our families, and our community.*

*When the journey feels difficult, remind us that you walk beside us. When we stumble, lift us up with your grace. When we are tempted to give up, renew our spirit with hope.*

*May this Lent be a time of true conversion—a turning away from all that separates us from you and from one another, and a turning toward the light of your resurrection.*

*We make this prayer through Christ our Lord.*

*Amen.*



# *Yr 12 Retreat 2026* **QUONDONG FARM**

On Wednesday 11 and Thursday 12 February, our Year 12 students embarked on their annual Retreat at Quondong Farm, Wahgunyah, a beautiful rural setting that provided the perfect backdrop for reflection, connection and renewal.

Accompanied by staff Mr Matthew Wood, Ms Karen Kaine, Mr Michael Ross, Mr Cameron Sudholz and Ms Renee Shannon, the Class of 2026 stepped away from the busyness of school life to focus on what truly matters in their final year at Sacred Heart College: relationships, trust, faith and leadership.

## **BUILDING RELATIONSHIPS AND TRUST**

The retreat began with a Welcome, Opening Prayer and Welcome to Country, grounding students in gratitude and respect. Small group icebreakers and a 'Trust Walk' activity encouraged students to rely on one another, setting the tone for deeper conversations about relationships, vulnerability and the importance of spirituality in their lives.

Through discussion and reflection, students explored what it means to genuinely trust others and to be trustworthy themselves – a vital foundation for their role as the senior leaders of our College community.



## MERCY IN ACTION

A key focus of the retreat was exploring the Mercy values and the mission of Catherine McAuley. Students were challenged to consider how they can live out these values in practical ways throughout 2026 – serving others with compassion, courage and integrity.

We were also fortunate to be joined by Fr Junjun, who celebrated Mass with us under the theme of “Journey.” He reminded students that Year 12 is not simply about academic milestones, but about growth, resilience and walking together in faith. It was a special moment of unity and reflection as a cohort, grounding the Class of 2026 in gratitude for the road travelled so far and hope for the journey ahead.



## FUN, LAUGHTER AND SHARED EXPERIENCES

Of course, no Year 12 Retreat would be complete without a healthy dose of fun. The SHCY 'Mini Olympics' brought out plenty of laughter, energy and friendly competition, strengthening bonds across the cohort. The evening was capped off with delicious woodfired pizzas for dinner – a relaxed and enjoyable way to share stories, reflect on the day and simply enjoy one another's company.



## A POWERFUL SECOND DAY

Day Two centred on identity and purpose. Students worked collaboratively to craft the Class of 2026 School Pledge – answering the important questions: Who are we? Who are you? What do we stand for?

One of the most powerful moments of the retreat was the Parent Letter activity. Students were given quiet, private time to read letters written by their families – filled with love, encouragement and words of inspiration – before composing heartfelt and thoughtful replies of their own. This was followed by the reading of affirmation notes from peers – an emotional and affirming experience that reinforced the strength and care within the cohort.

The retreat concluded with final reflections before students travelled to Rutherglen for lunch together, returning to Sacred Heart with renewed clarity and unity.



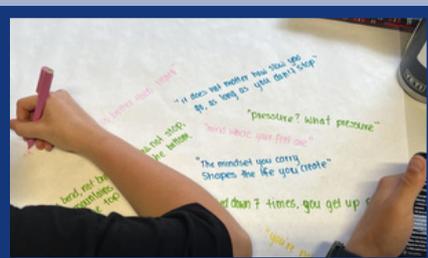
## LOOKING AHEAD

The Year 12 Retreat is always a significant milestone in the school year. It marks the transition from “students” to “leaders” and provides space for our young people to reflect on who they are becoming.

The Class of 2026 left Quondong Farm more connected, more intentional and more committed to making their final year one of purpose, gratitude and service.

We look forward to witnessing the Class of 2026 formally take their pledge at the upcoming Opening Mass and to seeing them live it out with courage and conviction.

Mr Matthew Wood  
Year 11 & 12 VCE Leader



# Senior VCE INFORMATION EVENING & Year 12 JUMPER PRESENTATION

**Wednesday 18th February 2026  
5.30pm – 6.30pm in the Mercy Staffroom**

An information session will be held to outline key features of both the VCE and Vocational Major programs, as well as important VCE dates and expectations for the year ahead. This session is designed to support families in understanding senior secondary pathways and how best to support students through these important years.

**Presentations will be delivered by:**

**Ms Fleur Linehan** – Deputy Principal, Teaching & Learning

**Ms Loretta Casey** – Head of Careers

**Ms Tanya O'More** – VET Pathways Leader

**Mr Matthew Wood** – Year 11 & 12 VCE Leader

At the conclusion of the evening, our 2026 Year 12 students will be formally presented with their Class of 2026 jumpers.

We look forward to welcoming you and sharing this important occasion with our school community.





# Shrove TUESDAY



On the 17th of February, five students from Sacred Heart College visited Sacred Heart Primary School to help celebrate Shrove Tuesday. The students generously volunteered their time and worked together to prepare, cook, and serve fresh pancakes for everyone. Their positive attitudes and teamwork helped create a friendly and welcoming atmosphere throughout the morning.

Overall, the visit was a wonderful success and a great example of community spirit, cooperation and service. The students represented Sacred Heart College with pride, and their contribution helped make the day both memorable and meaningful.

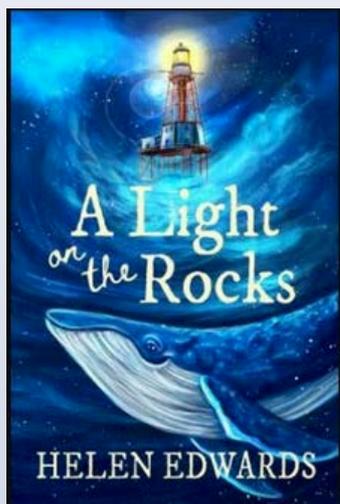


# GREAT NEW READS IN THE LIBRARY #1

## SPLIT-TIME NOVELS

Do you enjoy Split-time novels?

Split-time novels are books where two stories from different eras are intertwined, offering a unique perspective on history and personal growth. It is one of my favourite types of fiction.



### A LIGHT ON THE ROCKS BY HELEN EDWARDS

*“Two stories, one hundred years apart. Between them, a wild, unforgettable sea.*

*In 1859, Fourteen year old Daisy boards the SS Admella, on a journey that becomes a fight for survival when disaster strikes.*

*A century later, Maxwell and his older sister, Rosemary, spend their summer at the Cape Jaffa Lighthouse, perched far out to sea. But when strange lights flicker on the reef and the shadow of a horse gallops through the mist, they realise the past might not be as distant as it seems.*

*A powerful story of survival, connection and hope, set against the untamed beauty of the Southern Ocean. “*

A brand-new Split-Time novel, published only a few weeks ago, this novel transports the reader between the experiences of a teenage passenger of the shipwreck of SS Admella in 1859 and a teenager with dyslexia, holidaying at the lighthouse a century later. I love the diversity of the characters, giving the reader more chance to find a character they can relate to. I always enjoy novels which include some real-life facts and help to educate their reader as well, so this novel is a winner to me.

Based on historical fact of the shipwreck near Kingston, South Australia, with lots of imagination thrown in, this “magical historical fiction” includes a ghost horse and a ghost whale and lots of adventure. It could easily fit into a number of genre categories. Read it and tell me which genre you think it fits best.

## STUDENT BOOK REVIEW COMPETITION

Next week we will be launching a Book Review competition.

Interested students can collect a book review template and write a review about a book in the library. The best one each fortnight will be chosen to appear in the newsletter and the student will win a small prize. Each review submitted will also earn points for your Learning Advisor group and at the end of the term there will be a prize for the class who have submitted the most book reviews.

Discover more in the Library catalogue:  
<https://library.shcy.vic.edu.au/#!dashboard>



## 2026 SECONDARY SCHOOL IMMUNISATION PROGRAM

If you have a child in Year 7 or Year 10 in 2026, look out for immunisation information and consent information that has been sent to you.

Parents or guardians must complete the consent section on the online portal for their child to receive immunisation.

You can say no to the offer of free, secondary school-based immunisation for your child. If you wish to do so, you should decline your consent online.

If you have any questions that are not answered by the information provided with the consent form, contact your GP or Moira Shire Council immunisation service.

Learn more: <https://go.vic.gov.au/3Culz8k>



The College Swimming Carnival will be held on Friday, 20<sup>th</sup> February at the Yarrowonga Swimming Pool. Students with varying skill levels will have the opportunity to participate on the day in a variety of events including individual races, relays and the Walking Lane Race, just to name a few.

Students are encouraged to dress in their house colours - Red, Blue or Gold, and show their support.

Students will be provided with information about the day and how the day runs at their House Meetings.

BBQ & drinks will be available to purchase on the day.

School buses will drop students directly to the Yarrowonga Pool in the morning and will pick up from the pool at the end of the day.

**WIN PRIZES!**

- **YEAR LEVEL BEST DRESSED**
- **PARTICIPATION PRIZES**
- **HOUSE SPIRIT AWARDS**

## CONTACTING STUDENTS IN CLASS FROM A PARENT TO THEIR CHILD

When parents wish to contact their child, they should do so through the school's front office. To avoid disrupting the learning environment we ask parents to allow for students to be notified, when possible, during recess & lunch breaks.



# OPEN

Monday & Friday  
as Recess

<b>Hot Coffee</b>	<b>\$4.50</b>
<b>Iced Drinks</b>	<b>\$5.00 - \$6.00</b>
<b>Toasties</b>	<b>\$4.00</b>





INTERNATIONAL DAY OF  
**MATHEMATICS**  
MARCH 14

**INTERNATIONAL MATHAMATICS DAY – CELEBRATING THE POWER OF NUMBERS**

International Mathematics Day is 14th March, and it's a wonderful time to recognise how mathematics is part of everyday life. This year's theme is Math in the Arts and Creativity. Encourage your student to think about where they see maths in action – calculating costs while shopping, measuring ingredients in the kitchen, planning trips, analysing sports scores, patterns, or designing and building things.

You might like to start a conversation at home by asking:

- *“Where do you use maths without even realising it?”*
- *“How might maths help you in your future goals?”*

Simple chats can help students see that maths isn't just a school subject – it's at the heart of how we understand, navigate and shape our world.

# **HOMEWORK** *club*

## **START BUILDING GREAT HABITS**

### **YEAR 7 – 10**

Wednesdays from 3.10pm to 4.45pm  
in the Library

**STUDENTS MUST SIGN IN & OUT**

### **YEAR 11 & 12**

Tuesdays & Wednesdays from 3.10pm to 5pm  
in the Senior Study Room

Homework club is a **FREE** program to help your child with their homework, catch up if they are behind or help them get ahead. Completing homework or reviewing work is an important skill.

Homework Club gives students an opportunity to review, practice and develop skills in a supportive environment with one to one or small group support.

It provides valuable guidance and tutoring from experienced educators.

# NAPLAN 2026

## Information for parents and carers



### Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake.

As students progress through their school years, it is important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum, and allows parents and carers to see how their child is progressing against national proficiency standards.

NAPLAN is just one aspect of a school's assessment and reporting process. It does not replace ongoing assessments made by teachers about student performance, but it can provide teachers with more information about students' educational progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working, and whether young Australians are achieving important educational outcomes in literacy and numeracy.

### Your child will do the NAPLAN tests online

Online NAPLAN tests are designed to provide precise results and are engaging for students. The tests are tailored (or adaptive), which means that each test presents questions that may be more or less difficult depending on a student's responses. This helps students remain engaged with the assessment.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

All Year 3 students will continue to complete the writing assessment on paper.

### What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum.

Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The questions assess content aligned to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities contribute to the development of NAPLAN test materials.

To find out more about NAPLAN, visit [nap.edu.au](http://nap.edu.au)

### Participation in NAPLAN

NAPLAN is for all Year 3, 5, 7 and 9 students. ACARA supports inclusive testing, so all students have the opportunity to participate in the National Assessment Program.

Information on adjustments available for students with disability who have diverse functional abilities and needs is provided in the [National protocols for test administration](#).

Schools should work with parents, carers and students to identify, on a case-by-case basis, reasonable adjustments required for individual students with disability to access NAPLAN.

To help inform these decisions, you may consult the National protocols for test administration (linked above), [NAPLAN public demonstration site](#), the [Guide for schools to assist students with disability to access NAPLAN](#), and our [series of videos](#) where parents, carers, teachers and students share their experiences in using NAPLAN adjustments.

In exceptional circumstances, a student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on adjustments for students with disability or the process required to gain a formal exemption.

## What if my child is absent from school on NAPLAN test days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule.

## What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by letting them know that NAPLAN is a part of their school program and reminding them to simply do their best. Some explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests. However, it is not necessary for parents and carers to do this. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

See the types of questions and tools available in the online NAPLAN assessments at [NAP – Public demonstration site](#).

## How is my child's performance reported?

NAPLAN results are reported against proficiency standards. There is a standard for each assessment area at each year level. Proficiency standards provide clear information on student achievement. They are set at a challenging but reasonable level expected of the child at the time of NAPLAN testing, based mainly on what has been taught in previous years of schooling.

Student achievement is shown against 4 levels of proficiency: Exceeding, Strong, Developing and Needs additional support.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school. If further assistance is required, you should contact your relevant state or territory test administration authority. ACARA cannot provide individual student reports.

## How are NAPLAN results used?

- Students, parents and carers use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review the effectiveness of programs and support offered to schools.
- The community can see information about the performance of schools over time at [myschool.edu.au](#).

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](#)
- visit [nap.edu.au](#)

To learn how ACARA manages personal information for NAPLAN, visit [nap.edu.au/naplan/privacy](#).

## NAPLAN timetable

The NAPLAN test window is 9 days. This is to accommodate schools that may not have the capacity to complete the tests in a shorter time frame. **The NAPLAN test window starts on Wednesday 11 March 2026 and finishes on Monday 23 March 2026.** Schools **must** schedule the tests as soon as possible within the testing window, prioritising the first week.

Test	Scheduling requirements	Duration	Test description
<b>Writing</b>	Year 3 students <b>must</b> do the writing test on paper on day 1 only. Years 5, 7 and 9 writing tests <b>must</b> start on day 1 (schools must prioritise completion of writing on day 1, with day 2 only used where there are technical/logistical limitations).	Year 3: 40 min Year 5: 42 min Year 7: 42 min Year 9: 42 min	Students are given an idea or topic called a writing stimulus (or prompt) and asked to write a response in a particular genre (narrative or persuasive writing).
<b>Reading</b>	To be completed after the writing test.	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students read a range of informative, imaginative and persuasive texts, and then answer related questions.
<b>Conventions of language</b>	To be completed after the reading test.	Year 3: 45 min Year 5: 45 min Year 7: 45 min Year 9: 45 min	Students are assessed on spelling, grammar and punctuation.
<b>Numeracy</b>	To be completed after the conventions of language test.	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students are assessed on number and algebra, measurement and geometry, and statistics and probability.

# 2026 SCHOOL PHOTOS

# PHOTO DAY Friday 6<sup>th</sup> March

## HOW TO ORDER

### Step 1

Click here or scan the QR code to go to our ordering portal:



<https://sacredheartcollegeyarrawonga-msp.msp.photos/Photos/>

### Step 2

Click

Sign in with Student Details

Enter your child's surname and date of birth. You will be prompted to create an account. Once you have logged in, you will be able to add additional children and family photos.



MSP PHOTOGRAPHY

MURRAY RIVER REGION

E admin.mrr@msp.com.au

T 03 5482 3190

PO Box 13

Moama NSW 2731

Online ordering will remain open indefinitely, but an archive retrieval fee will apply for all orders placed after Thursday 12<sup>th</sup> March.

## FREQUENTLY ASKED QUESTIONS



**I haven't received an email from MSP about ordering photos. What should I do?**  
You can still create an account using your child's surname and date of birth. Scan the QR code on the flyers distributed by the school to get started. Alternatively, if you call our office on 03 5482 3190, we can place your order over the phone.

**Can I also order if my partner and I have separated?**  
Of course. Simply use your MSP profile to order photos for your child. Any students with multiple orders processed will have their photographs sent to the front office of the school to ensure orders are delivered to the correct parent. If you have any concerns, please send us an email at admin.mrr@msp.com.au

**How do I order a family photo?**  
Once you have logged into your account, click the button at the top of the page (pictured below).

Order for another child or Family Packs

**Can I order one family photo of my children, and another with their cousins?**  
Absolutely. Please order one family package per photo, and send us an email at admin.mrr@msp.com.au letting us know who you would like in each photo. This also applies to step-siblings, aunts and uncles, or other combinations. We're more than happy to take the photo, but please let us know who should be in it!

**I didn't receive an order reference number, but the money has been taken out of my bank account.**  
Your order will automatically be received by our system. Simply send your child on photo day with their big smile ready.

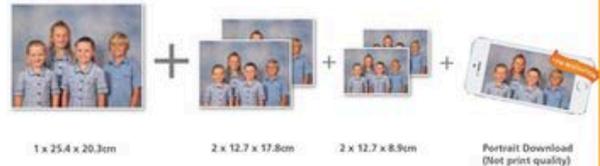
**I can't pay today. Will I still be able to get photos?**  
Of course. All students will have their portrait taken regardless of whether you are purchasing photos or not. Online ordering will remain open online, but a late fee will apply when ordering over one week after photo day. If you are still unable to order in this time frame, please contact us and we will endeavour to help you out.

### More Questions?

We're here to help. Call our friendly team on 03 5482 3190 or email us at [admin.mrr@msp.com.au](mailto:admin.mrr@msp.com.au)

## Sibling Photo Package Details

**Deluxe Pack**  
\$42



**Value Pack**  
\$36



**Standard Pack**  
\$31



\* Only available when purchasing one of the packs listed above.

**Gift Pack\***  
All 7 Items  
\$15



**msp photography**  
Local Service | Bigger Smiles

**MSP Photography Murray River Region**  
03 5482 3190 | [admin.mrr@msp.com.au](mailto:admin.mrr@msp.com.au)  
PO Box 13, Moama 2731  
[www.msp.com.au](http://www.msp.com.au)

# School Photo Day - 2026

## Individual package details

**Premium Pack**  
**\$61**



**Classic Pack**  
**\$56**



**Value Pack**  
**\$52**



**Essential Pack**  
**\$49**



**Basic Pack**  
**\$45**



\* Only available when purchasing one of the packs listed above.

**Gift Pack\***  
All 12 Items

**\$15**



**Class Group Photo**  
**\$35**



# REMEMBER

## STUDENT ARRIVALS AND EARLY DEPARTURES

To help maintain a focused and uninterrupted learning environment, we kindly ask that parents communicate any early pickup plans with their child before the school day begins.

We understand that unexpected situations can arise. If an early pickup becomes necessary during the day, please contact the school office at your earliest convenience so we can make arrangements with minimal classroom disruption.

Additionally, if a student arrives late to school, they **must sign in at the office** before heading to class. This ensures accurate attendance and helps us keep all students safe and accounted for.

Thank you for your continued support in helping our school day run smoothly!



**DON'T FORGET YOUR HAT IN TERM 1**

## BEFORE AND AFTER SCHOOL SUPERVISION:

Please note that supervision for students commences at:

8.30am Monday,  
Wednesday and Friday &  
8.40am Tuesdays and  
Thursdays.

## CURIOUS ABOUT CATHOLICISM? OR THINKING ABOUT COMING BACK TO CHURCH?

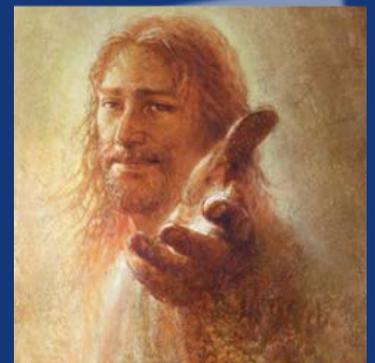
Whether you're seeking to learn more about the Catholic faith or considering returning to the Church, we invite you to join us at the Parish of the Sacred Heart here in Yarrowonga.

Our welcoming programme is designed to guide you through the teachings of Jesus Christ, helping you discover or rediscover the profound sense of home and belonging that our faith offers.

Led by our parishioners, this is an opportunity to ask questions, explore Catholic beliefs, and grow in your spiritual journey.

Come, and see how the Church can be a place of peace and hope for you.

Contact Michael Ross – michael.ross@shcy.vic.edu.au or Fr. Junjun on 0459 356 917



### Parish Contacts

Parish Priest: Fr Junjun Amaya 0459-356-917  
Email: junix28@gmail.com  
Parish Secretary: Jess Vandiejen  
Office Ph: 03 5744 3030  
Sister of Mercy: Sr. Helen Glasheen  
Email: yarrowonga@sandhurst.catholic.org.au

### Schools

Sacred Heart Primary, Yarrowonga  
Principal: Jarrod Mullarvey Ph: 03 5744 3339  
Sacred Heart College, Yarrowonga  
Principal: Lew Nagle Ph: 03 5742 1300

**Sacred Heart College**

**33 Witt Street**

**PO Box 286 Yarrowonga Vic 3730**

**Ph: 03 5742 1300**

**www.shcy.vic.edu.au**

**email: info@shcy.vic.edu.au**

# Lunchbox IDEAS

## Muesli Slice



### Ingredients

- 2 cups rolled oats
- 1 cup wholemeal flour
- ½ cup desiccated coconut
- 2 teaspoons ground cinnamon
- ¾ cup sultanas or other mixed dried fruit
- 2 bananas
- ½ cup canola oil
- ½ cup honey

Makes 24



### 1 LINE

Preheat oven to 180°C. Line a slice tray with non-stick baking paper.



### 2 MIX

In a mixing bowl, add the dry ingredients and mix through.



### 3 MASH

Place bananas in a separate bowl and mash well.



### 4 COMBINE

Add bananas to the dry mix with oil and honey. Mix until well combined.



### 5 BAKE

Place mixture into the lined slice tray and press down firmly. Bake for 30 minutes until golden.



### 6 CUT

Allow to cool before cutting into squares. Store in air tight container for up to 1 week.

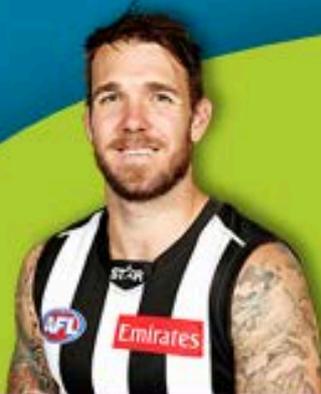


# wellbeing

How you feel matters

# FREE AFL CLINIC

## LEVEL THE FIELD



DANE SWAN

FRIDAY

# 27.02.26

4PM - 7PM



AIRLIE RUNNALLS

 W.J FINDLAY OVAL

## LOVE FOOTY? DON'T MISS THIS!

- FREE sports clinic for ages 12-18
- Get active, have fun, and connect with local sport
- Learn from AFL stars Dane Swan & Airlie Runnalls
- FREE sausage sizzle



REGISTRATION  
MORE INFORMATION



[nesay.com.au](http://nesay.com.au) | (03) 5720 2201

Are you aware of what services are available in your area for young people to access?  
Check out the Yarrowonga Youth Contacts for details.



[www.nesay.com.au](http://www.nesay.com.au)

# Yarrowonga Youth Contacts

## Crisis & Emergency

Police, Fire, Ambulance 000  
Kids Helpline 1800 551 800  
Lifeline 131 114

## Hospitals

Yarrowonga District Health Service 5743 8111  
Nurse on Call 1300 606 024

## Youth Services

NESAY 5720 2201  
The Bridge Youth Service 5831 2390  
DFFH 5722 0555

## Health

NECAMHS 5723 8900  
Community Health Centre 5743 8500  
Yarrowonga Denis Medical Group 5744 1777

## Family Violence

Goulburn Valley CASA 5831 2343  
Safe Steps 1800 015 188

## Alcohol & Other Drugs

Yarrowonga Health & Community Services  
5743 8111

## Financial

Centrelink 132 490  
VincentCare 5744 2460  
Primary Care Connect 5823 3200  
Yarrowonga Neighbourhood House 5744 3911

## Food assistance

St Vincent De Paul 5744 3083

## Legal

Goulburn Valley Community Legal Centre  
1800 310 900

## Housing

Beyond Housing 5722 8000  
Urgent assistance 1800 825 955

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# newsletter!



Keep up to date with tips for a healthy headspace, what's on locally, exciting opportunities for young people, youth-led blogs, good news stories & more!

# FINANCIAL ASSISTANCE

## INFORMATION FOR FAMILIES

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's financial circumstances and their outcomes.

## CAMPS, SPORTS and EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school excursions, camps and sporting activities.

If you hold a valid means-tested concession card or support an out of home care student you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid directly to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is \$400 for all school students.

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments:** your child has started or changed schools this year.
- **changed family circumstances:** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

### MORE INFORMATION

For more information about CSEF visit:  
<https://www.vic.gov.au/camps-sports-and-excursions-fund>

## CSEF Application Form



# Camps, Sports and Excursions Fund

## APPLICATION FORM

School Name

School Ref ID

### Applicant details

Surname	
First Name	
Address	
Town/Suburb	
State and Postcode	
Contact Number	

Centrelink pensioner concession **OR** Health care card number (CRN)

-    -    -

**OR**  Veterans affairs pensioner (Gold Card)\* **OR**  Special Consideration\*\*

\*Applicants must provide a copy of the Veteran Affairs Gold card.

\*\*Out of Home Care applications must include a letter of support from the institution facilitating the arrangement (for example, Mackillop Family Services or the Department of Families, Fairness and Housing (DFFH)) as evidence of the arrangement and must be no more than 18 months old).

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

### Declaration

I authorise the Victorian Department of Education (DE) to use Centrelink Confirmation eServices to perform an enquiry about my Centrelink customer details and concession card status to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Victorian Department of Families, Fairness and Housing (DFFH) to provide the results of any enquiry to DE regarding temporary care orders. I understand that:

- DFFH or Centrelink will use information I have provided to DE to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DE personal information including my name, address, payment and concession card type and status.
- This consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to my child's school so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DE.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You can request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant \_\_\_\_\_

Date \_\_\_/\_\_\_/202\_\_

## Camps, Sports and Excursions Fund eligibility

Applications must be submitted to the school as soon as possible and no later than the end of Term 2.

Where a school or family is unsure if the concession card is eligible, they are encouraged to submit the application into the CSEF system for validation.

CSEF payments cannot be claimed retrospectively for prior years.

**Queries relating to CSEF eligibility and payments should be directed to the school.**

Those who are eligible to apply for the CSEF **must meet both** of the following two criteria or be eligible for special consideration.

### Eligible means-tested cards

Only financially means-tested cards are eligible.

### Eligibility date

Eligibility will be subject to the parent/carer's concession card being successfully validated with Centrelink (refer to the department's policy, [Camps, Sports and Excursions Fund \(CSEF\)](#)), on either the first student day of Term 1 or Term 2.

### Criterion 1 – General eligibility

The applicant must be one of the following:

- a parent or carer who is the beneficiary of a financially means-tested card
- a student over 16 years who is considered a mature minor and holds a valid concession card (such as a Youth Allowance Health Care Card). Applicant to use the 16 and over application form. For guidance on assessing whether a student is a mature minor, refer to the department's policy on [Mature Minors and Decision Making](#)
- a parent or carer whose child is 16 or over and the beneficiary of a financially means-tested card but are not considered a mature minor. Applicant to use the 16 and over parent consent form.

For students over 16 years of age and where the eligible card is in the name of the student, the fund is only granted to that student, not their siblings.

### Criterion 2 – Be of school age and attend a Victorian school

For the purposes of CSEF, students may be eligible for assistance if they attend a registered Victorian school. CSEF is not payable to a student attending pre-school, kindergarten, TAFE or who are home schooled.

### Special Consideration

A special consideration eligibility category exists to assist families and students in certain circumstances. Applications should be made through this application form. For more information, refer to: [Camps, Sports and Excursions Fund \(CSEF\): Eligibility](#).

### Payment amounts

The CSEF is an annual payment paid directly to the school and will be allocated by the school towards camps, sports and/or excursion costs for your child. Please refer to the department's policy for the current rates and more information, [Camps, Sports and Excursions Fund \(CSEF\): Payment amounts](#).

### How to complete the application form

**Note: all sections must be completed by the applicant.**

1. Complete the **APPLICANT DETAILS** section.  
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.
2. Complete the **STUDENT DETAILS** section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible and no later than the end of Term 2.

### Privacy Statement

The Department of Education is committed to protecting your privacy. All information collected will be handled in accordance with the Privacy Data and Protection Act 2014 (Vic) and the Health Records Act 2001 (Vic). This personal information is collected to assess your eligibility to receive a CSEF payment. Your data is securely managed and only shared with Centrelink and DFFH when necessary for business operations or legal compliance. By submitting this form, you consent to our data practices. For more information regarding correction to your personal information or the handling of personal information please email [csef@education.vic.gov.au](mailto:csef@education.vic.gov.au). For more information about the departments privacy policy, please visit: [Schools' privacy policy | vic.gov.au](#)