



Issue 12, August

2025

Semper Fidelis

Choose Catholic Education

Prayer

Loving God, we thank You for the gifts of teamwork, perseverance, and courage shown in sport. Help us to carry these values into our daily lives, supporting and encouraging others. May we work hard, respect others, and celebrate both victories and challenges with grace. Guide us to use our talents to bring joy, unity, and kindness to our communities, always remembering that true success comes from love and effort. Amen.

During this week in 1882, Australia won its first Ashes series against England, marking a historic moment in sport and national pride. This victory was more than a game; it symbolised Australia's emerging identity and spirit as a young nation. The Ashes series became a celebrated tradition, inspiring teamwork, dedication, and resilience. Remembering this day reminds us how sports can unite people, teach important values, and encourage us to strive for excellence in all areas of life.

Cape York Immersion

Students attending the Red Earth Immersion in Cape York had a wonderful time and returned mid week. The immersion visited the two traditional homelands of "Guurill" and "Melsonby" participating in numerous activities including fishing, visiting the Hopevale Primary School and ancient rock art sites. The immersion was a joint venture between Sacred Heart College and FCJ College Benalla and would not have been possible without the generous support of our local community.



Australian Council of Educational Research (ACER)

This week the college is hosting a panel from ACER who will be conducting a review for school improvement. Over the three days the panel will speak to staff, students and parents visiting classrooms to provide feedback to the college which will be used to form a new strategic plan for the next three to five years.

Staff Vacancies

The college is currently advertising for a Receptionist Administration position and a Learning Support Officer. Families are encouraged to pass on this information to anyone they think may be interested in these positions. More information can be found at the College website, www.shcy.vic.edu.au under the enrolment/employment tab

Always be responsible, always be respectful and always be your best.

Term 3 Key Dates

**Monday 18th – Tuesday 26th
August**

Red Earth Immersion

Tuesday 2nd September
O&M Athletics

**Thursday 4th & Tuesday 9th
September**
Parent Teacher Interviews

Tuesday 16th September
Junior end of Term sports

Thursday 18th September
Inter end of Term sports

Friday 19th September
End of Term

Term 4 Key Dates

Monday 6th October
Students Return – Term 4

**Wednesday 8th – Friday 10th
October**
Year 9 Camp

Monday 27th October
VCE Exams commence

Monday 3rd November
Student Free Day

Tuesday 4th November
Melbourne Cup Public Holiday

Wednesday 12th November
Woka Wala Paddock to Plate Dinner

Thursday 20th November
Graduation Mass & Dinner

Monday 24th November
Student Free Day

Tuesday 25th November
Student Free Day

Thursday 11th December
Student's Last Day & College Dance

New Artwork

Our school community has been blessed with two beautiful new artworks that have enriched our learning spaces over the past fortnight.

During our celebration of the Assumption Day Mass, we were privileged to unveil a beautiful painting of Mary, Mother of God, created by our talented art teacher, Mrs Libby Schreiber. This sacred artwork now serves as a visual reminder of Our Lady's loving presence in our school community.

The second addition welcomes all who enter our SE Block – a vibrant mural that celebrates both our Catholic identity as a place of gathering and our deep respect for the Traditional Owners of this land. The artwork thoughtfully incorporates Aboriginal motifs that reflect our school's mission to be an inclusive community where all are welcome.

The mural honours both the Bangarang and Yorta Yorta peoples through meaningful symbols: the platypus representing the Bangarang people and the Long Neck Turtle representing the Yorta Yorta people. At the centre lies a sacred meeting place where waters converge, while the pale blue pathways symbolise the journeys of all who come together in this space of unity and learning.

This project began with the vision of Eliza Whiteley, and through the dedication of her sister Penny and the committed students of our Social Justice Group, it has come to beautiful fruition. Their collaborative effort exemplifies our school's values of community service and cultural respect.

Both artworks stand as testaments to the creativity within our school community and our commitment to creating spaces that honour both our Catholic faith and our shared humanity.



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WOKA WALA PADDOCK TO PLATE

Our Year 9 Woka Wala students have been getting their hands dirty and learning firsthand where food really comes from! As part of our Paddock to Plate project, students have been planting and tending our own school garden. From preparing the soil to nurturing seedlings.

The students are looking forward to picking the first harvest in the coming weeks.

Who knows, we might have a few future, farmers, chefs or green thumbs in the making.



LLL PROGRAM

Recently our Year 7 students participated in the Triple L program facilitated by NESAY Wangaratta. Across two sessions, Leah, Jodi and Casey lead group discussion and activities with a focus on:

- Self-awareness & emotions
- Self-regulation & de-escalation
- Communication & self-esteem
- Bullying & consequences
- Friendships/relationships
- Mental wellbeing, stress & self-care



YEAR 12

YEAR 12 AG/HORT STUDENTS TEST LOCAL WATER SOURCES



Our Year 12 Agriculture and Horticulture students recently took part in a hands-on water testing activity as part of their studies. Students collected water samples from different sources, including stormwater drains, a lake, farm dams and bore water. They tested the samples for nitrates, phosphates, sulphates, and turbidity (how clear or cloudy the water is).



A Feast of Learning in Food Technology

This term has been a deliciously busy one in the Food Technology classrooms, with students across Year 7 to Year 9 showcasing their creativity, teamwork and culinary skills.

Year 9 Food Technology students took on the exciting challenge of preparing an Asian Banquet as part of their assessment task. From fragrant stir-fries to delicate dumplings and vibrant noodle dishes, the banquet was a celebration of Asian cuisine and culture. Students worked collaboratively to plan, prepare and present a variety of dishes, demonstrating not only their cooking abilities but also their understanding of flavour profiles, presentation and time management. The results were nothing short of spectacular!

Meanwhile, Rotation 2 for Year 7 and 8 students saw them diving into two fun and nutritious cooking tasks. First up was the Healthy Hamburger, where students learned how to balance taste with nutrition by creating burgers packed with fresh ingredients and wholesome alternatives. Next, they tackled the Presto Pasta challenge, choosing their own pasta recipes and bringing them to life with flair and flavour. These tasks encouraged students to think critically about food choices while developing practical kitchen skills.

Across all year levels, students have shown enthusiasm, creativity, and a growing confidence in the kitchen. It's been wonderful to see them take pride in their work and enjoy the fruits of their labour—literally!

We're incredibly proud of all our budding chefs and can't wait to see what they cook up next!



Great new reads in the Library #11

This fatal kiss by Alicia Jasinska 2025

Gisela, a cursed water nymph, has no memory of how she drowned. She does remember her younger brother who needed her to look after him and is doing everything in her power to regain her humanity and live again. All she needs is a kiss from a mortal who willingly gives it. Unfortunately, there is a spirit hunting young man who has other ideas.

A dark magic tale with a bit of romance.



Eleanor Jones is playing with fire by Amy Doak 2025

The third book in the Eleanor Jones series sees Eleanor desperately trying to keep out of trouble.

But someone is starting fires in Cooina and it looks like a cover for murder.

Even though she is determined not to get involved somehow, she is.

Another action-packed mystery from Amy Doak.



Sonny & Tess by Nova Weetman 2025

Sonny and Tess are both thirteen and have the summer before they are in year 8. Tess wants a job so she is not stuck babysitting her twin brothers and can earn some money. Sonny has just moved to town with his dad and would like to stay put for once. An accidental meeting. First job. First crush. Do they both feel the same?

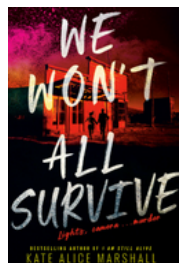
What will the summer bring for both of them?



We won't all survive by Kate Alice Marshall 2025

Mercy was hailed a hero two years ago when she saved many lives from a shooter. She was left with a bullet fragment and a mounting medical debt. She accepts an offer to join seven other contestants on a reality survival show with the prize of \$100,000. When they all arrive on an empty set in the middle of a desert and locked in a compound, they realize this is no ordinary game. On the first night one of the contestants dies, or was it murder?

A fast-paced murder mystery where all is not as it seems.



Visit the Library to borrow any of these books.

Discover more in the Library catalogue <https://library.shcy.vic.edu.au/#!dashboard>



Student Arrivals and Early Departures

To help maintain a focused and uninterrupted learning environment, we kindly ask that parents communicate any early pickup plans with their child before the school day begins.

We understand that unexpected situations can arise. If an early pickup becomes necessary during the day, please contact the school office at your earliest convenience so we can make arrangements with minimal classroom disruption.

Additionally, if a student arrives late to school, they **must sign in at the office** before heading to class. This ensures accurate attendance and helps us keep all students safe and accounted for.

Thank you for your continued support in helping our school day run smoothly!

Advisory Council Parent Representatives

The College is seeking two parent representatives to join the College Advisory Council. A letter will be sent home shortly to all families outlining the roles and responsibilities of the position. I encourage parents and carers to consider this opportunity to play an important role in the strategic direction of the College.

Before and after school supervision:

Please note that supervision for students commences at 8.30am on Monday, Wednesday and Friday mornings and 8.40am on Tuesdays and Thursdays.

Sacred Heart College
33 Witt Street
PO Box 286 Yarrawonga Vic 3730
Ph: 03 5742 1300
www.shcy.vic.edu.au
email: info@shcy.vic.edu.au

Parish Contacts

Parish Priest: Fr Junjun Amaya 0459-356-917

Email: junix28@gmail.com

Parish Secretary: Jess Vandiejen

Office Ph: 03 5744 3030

Sister of Mercy: Sr. Helen Glasheen

Email: yarrawonga@sandhurst.catholic.org.au

Schools

Sacred Heart Primary, Yarrawonga

Principal: Jarrod Mullarvey Ph: 03 5744 3339

Sacred Heart College, Yarrawonga

Principal: Lew Nagle Ph: 03 5742 1300

Always be responsible, always be respectful and always be your best.



PARENT/STUDENT /TEACHER

Conferences

Conferences are a great opportunity to discuss your child's progress, strengths, and areas for growth.



THURSDAY & TUESDAY
4th September 9th September



TIME
3:30pm - 6:30pm



VENUE
SABlock Rooms (Enter off Witt Street)
next to administration



BOOKING VIA PAM/SIMON

Please call the office on 03 5742 1300 if you need help to book





FEDERATION YOUTH COUNCIL

Are you aged between 12-24 years?
Live, learn, work or connect with the Federation area?

JOIN THE YOUTH COUNCIL AND HAVE YOUR SAY!

What can you do?

Shape decisions that affect young people.
Create events you want to see.
Learn great leadership and team building skills.

When Do We Meet?

Meetings are monthly on the second Monday of the month
at 4:30 pm.

Meetings are face-to-face at the Corowa Civic Centre or
via video conferencing.



To sign up scan the QR code
or visit the Council website



www.federationcouncil.nsw.gov.au

Are you aware of what services are available in your area for young people to access?
Check out the Yarrawonga Youth Contacts for details.



www.nesay.com.au

Yarrawonga Youth Contacts

Crisis & Emergency

Police, Fire, Ambulance 000
Kids Helpline 1800 551 800
Lifeline 131 114

Hospitals

Yarrawonga District Health Service 5743 8111
Nurse on Call 1300 606 024

Youth Services

NESAY 5720 2201
The Bridge Youth Service 5831 2390
DFFH 5722 0555

Health

NECAMHS 5723 8900
Yarrawonga Health 5743 8111
Yarrawonga Denis Medical Group 5744 1777

Family Violence

The Orange Door 1800 271 157
Goulburn Valley CASA 5831 2343
Safe Steps 1800 015 188

Alcohol & Other Drugs

Yarrawonga Health Hub & Community Services
5743 8111

Financial

Centrelink 132 490
St Vincent de Paul 5744 2460
Primary Care Connect 5823 3200

Food assistance

Yarrawonga Mulwala Community and Learning
Centre 5744 3911
St Vincent De Paul 5744 3083
Moira Foodshare 5742 1111

Legal

Goulburn Valley Community Legal Centre
5831 0900

Housing

Beyond Housing 5722 8000
Urgent assistance 1800 825 955

WELLBEING **HUB**

YOUNG MEN'S PROGRAM

*To be hosted by Brenda Spilva & Paula Fernandez
at 2/88 Belmore St*

*with Pat Noonan
Wednesday 3rd September
6pm - Yarrawonga*

**TICKETS
FROM \$25**

Helping young men grow into confident, respectful, and emotionally intelligent individuals. Schools are seeing more and more young men struggling with emotional regulation, peer pressure, and a sense of purpose. These challenges often lead to disengagement, poor behaviour and fractured relationships at school and at home.

This 45-minute workshop, created and delivered by educator and qualified teen life mentor Pat Noonan, is for parents who want to better understand how to support their son as he navigates growing up in a complex and rapidly changing world.

Drawing on over 10 years of teaching and personal experiences as a young man growing up in regional Australia. Pat shares practical strategies that help parents build stronger connections with their sons while encouraging self-awareness, emotional growth, and healthy identity development.

You'll learn how to:

- Support your son to develop emotional intelligence and manage setbacks.
- Help him build confidence and a sense of direction.
- Encourage positive masculinity and break away from harmful stereotypes.
- Strengthen communication and your relationship at home.

For more information or to secure your session please
book at brendaspilva.com/wellbeinghub

