

Sacred Heart College Yarrawonga



Semper Fidelis # 12

On the cover:
Red Earth Indigenous Immersion

From the Principal

Mr Lew Nagle

Congratulations Father Michael

Last Friday Father Michael celebrated his 80th birthday. Father Michael celebrated mass on Sunday and gave thanks for his remarkable health and connection to the Sacred Heart Parish. On May 23 2025 he will celebrate his Jubilee year marking 50 years of priesthood. We look forward to celebrating this magnificent achievement next year.

Prayer for Creation

*God of All Creation,
Thank You for the gift of summer
with all its beauty and wonder,
For the wonderful times it offers us
all.*

*We thank you for Your many gifts-
for the beauty of Creation and its rich
and varied fruits,*

*for clean water and fresh air, for
food and shelter, animals and plants.*

*Forgive us for the time we have
taken the Earth's resources for
granted and wasted what You have
given us, for the times we have not
shared the gift of Your resources as
we should.*

*Transform our hearts and minds so
that we would learn to nurture and
care for this precious gift,*

*To walk on this Earth with
gentleness and with love, teach us to
be respecting all of Your creation
and each other.*



Always be responsible, always be respectful and always be your best.



Red Earth Immersion

It was a privilege to accompany our students on the Red Earth Indigenous Immersion to Cape York during the last two weeks of term. The Immersion took in the homelands at Elim Beach and Binthi Warra. These homelands are located in the Hope Vale region north of Cooktown approximately seven hours north of Cairns. The students visited locations such as the coloured sands, Elim beach, Hope Vale Community School and the Hope Vale Art Centre. Students engaged in indigenous language workshops, bullroarer making, crafts, cooking meals in an underground oven and completing a service project at the Hope Vale school. We were fortunate to cool off at Isabella Falls and enjoy snorkelling, fish feeding and cultural walks at Green Island. Our students really enjoyed this unique experience and we look forward to planning next year's adventure.



Term 4

Term 4 will commence on Monday October 7. We wish our Year 12 students all the best as they prepare for their final examination period. Trial VCE exams will take place at the College during the first week of Term 4. The last day for our Year 12 students will be Tuesday the 22nd of October.



Helping Hands Fundraiser



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Senior Booklists for 2025

The 2025 Year 10, 11 and 12 booklist is now live. Orders will need to be completed online by the 30th October in readiness for Headstart. Campion will again be supplying book requirements for Senior students. Once students have their subjects confirmed they will be able to complete their online order.

Year 7, 8 and 9 booklists will be available later in the term. All orders will be via the Yarrawonga Newsagency. This includes book orders as well as stationery.



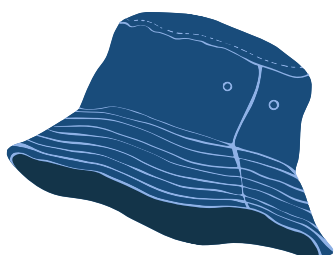
Archie and Hunter, Year 10 students produced a favourite, but old-fashioned recipe that Grandma used to make. Puff pastry, raspberry jam topped with cake mixture and pastry strips on top. YUM!!!

Cuppa for Cancer

It was an early start for us all on Tuesday morning for the Cuppa for Cancer fundraiser. All 20 of us arrived at Club Mulwala ready to sell many raffle tickets. The first \$5 raffle tickets were tricky to sell, but all tickets were sold in the end. When the \$2 tickets came into play everyone was going crazy for them, running up to us and waving their money around. Tickets sold fast and easy, making the morning move quickly. Many prizes were up for grabs including gift cards and hamper packs, having numerous winners. Everyone had a go at spinning the wheel hoping to have sold the winning raffle ticket. Thank you to the teachers who were there, Mrs Duncan and Mrs Kaine and Friends in Common for hosting the event.



College Hats



A reminder to all students that hats are compulsory during Terms 1 and 4. Hats can be purchased from the office for \$13, cash or card. Or from Judds, Yarrawonga.

Wellbeing



Casey May
SHCY School Counsellor
She/Her
03 5720 2201 | 0437 423 623
nesay.com.au
86-90 Rowan Street, Wangaratta
f i l y t u



Working days: Monday & Wednesday

Let's talk "Control"

Having control can help us feel safe. When things are out of our control, it can sometimes make us feel worried, scared, helpless and vulnerable.

But having control over everything isn't possible all the time. Maybe you didn't get picked for your favourite sports team, or you had a fight with a friend.

When this happens, it's important you don't get stuck on things you can't change. Shift what you're putting your energy into, and focus on the things you can control!

Using the "circle of control" can be a really useful tool to help you recognise what you can influence/change. This includes your thoughts, feelings and behaviours.

The only person you can control, is you!



Always be responsible, always be respectful and always be your best.

Moira Shire Foodshare program Mission 250

Moira FoodShare provides emergency assistance through the distribution of free fresh and non-perishable food items to residents within the Moira and Berrigan Shires.

Food is sourced from local bakeries, supermarkets and growers while using a mixture of free and paid goods from Foodbank Melbourne to enhance variety and nutritional value.

With the concurrent impacts of inflation and interest rates, these have placed significant impacts beyond normal household budgetary pressures and has contributed to a significant increase in residents Moira Foodshare supports. In the 2023-24 Financial Year, Moira FoodShare distributed the equivalent of over 200,000 kgs of food or 400,000 meals with a face value of more than \$3 million dollars.

Expansion to meet demand has enabled Moira FoodShare to partner with local community groups creating distribution points in Cobram, Yarrawonga, Nathalia, Numurkah, Tungamah, Barmah, Finley and Berrigan.

MHA Care remain conscious of ensuring the program is run efficiently while balancing the growing operational costs and added demand pressures. The program continues to be overseen by one paid coordinator position (30 hours) and a team of over 50 engaged and passionate volunteers.

MHA Care is proud of the impact the Moira FoodShare program plays in strengthening our local community. We see the program as an integral support pillar in supporting the most vulnerable residents into the future.



Short Story Competition

A reminder about the short story competition. Entries are due on Friday the 11th of October (Term 4 Week 1)
All students are encouraged to enter.

PRESENTED BY BERRIGAN SHOW

free
SCHOOL HOLIDAY PROGRAM

**LEGO Robotics Workshops**
with Fizzics Education
Two identical workshops on Sat 5 October
9am to 12pm (Morning Tea provided)
1pm to 4pm (Afternoon Tea provided)
at Berrigan Sportsground Luncheon Rooms

**Drama Workshop**
with local talent Ben Stonnill
Wednesday 2 October
9am till 4:30pm
Morning Tea & Lunch provided
at Berrigan Soldiers Memorial Hall

For further details and to register your child, please visit
www.berriganshow.com/school-holiday-program

For any questions, please contact Aimee Snowden on M. 0437 499 720

Proudly funded by
**NSW GOVERNMENT**
The Berrigan Show Spring School Holiday Program activities
are funded by the NSW Government's Office for Regional Youth

 Sacred Heart College Yarrawonga

SHORT STORY COMPETITION

We're back for our second year! This year's creative writing competition is inspired by our author visit from Mark Smith, who encouraged us to observe our world and 'fill in the gaps'. Now, it's your turn.
Use the picture below to inspire your story.



SUBMISSIONS CLOSE
FRIDAY 11TH OCT

- Short stories only
- 800 words max
- One entry per person

HOW TO ENTER
Email your story as a Doc or Word file to ruby.carmody@shc.vic.edu.au
Include your name and grade at the top of your submission

DYMCKS VOUCHERS AWARDED TO ONE WINNER IN JUNIOR, MIDDLE, AND SENIOR YEAR LEVELS

DIVE INTO SUMMER BECOME A SWIMMING TEACHER OR LIFEGUARD

Young and looking for a rewarding part-time role? Retired or semi-retired?
Dive into the joy of teaching swimming or help us keep everyone safe as a lifeguard!

Simple Steps to becoming a Swim Teacher or Lifeguard with the Y:

- **Get Qualified:** Connect with Life Saving Victoria or Aust Swim for courses.
- **Explore Opportunities:** Chat with us about joining our team.
- **Flexible Hours:** Casual role, under 10 hours/week, perfect for your schedule!
- **Community Impact:** Make a difference by teaching vital life skills.



Qualification funding opportunities available for successful candidates.

Perks Include:

- **Fulfillment in guiding our youth.**
- **Free access to Y facilities.**
- **Free access to Y classes.**



Upcoming College Events



October

Monday 7th: First day of Term 4

7th to 11th: VCE Unit 3/4 trial exams

Wednesday 9th: Woka Wala Beechworth excursion

Thursday 10th: Hume Athletics - PAM permission required

Monday 14th: Round 2 Moira Health Immunisation Yr 7 and 10

Monday 14th: Benalla Field and Game Clay Target Competition

Friday 18th: VCE/VM Yarrawonga Health Project

Monday 21st: State Athletics

Tuesday 22nd: Year 12 Breakfast and last day

Thursday 24th: Hume Yr 7 volleyball Wodonga. PAM permission required

Thursday 24th-25th: VCE Outdoor Ed Unit 2 camp

Friday 25th: Year 8 Bike ride

Monday 28th: Dental Health

Tuesday 29th: VCE exams begin

November

Monday 4th: Student free day. Staff professional development

Tuesday 5th: Melbourne Cup public holiday

Monday 18th - Friday 22nd: Unit 2 and Year 10 exams

Wednesday 20th: Woka Wala lunch

Wednesday 20th: Year 6 Transition

Thursday 21st: Year 12 Graduation Mass and Dinner

Monday 25th: Staff correction day, student free

Tuesday 26th: Student free, Headstart planning

Tuesday 26th: Year 6 Transition

Wednesday 27th: Headstart begins

December

Wednesday 4th: Year 6 Transition

Friday 6th: Sacred Heart Primary School concert in MPB

Monday 9th: VET & Allied Health First Aid

Tuesday 10th: Year 6 Transition

Thursday 12: Last day for students, finishing with the College Dance

Sacred Heart College

30 Witt Street

PO Box 286 Yarrawonga Vic 3730

Ph: 0357 421 300

www.shcy.vic.edu.au

email: info@shcy.vic.edu.au