

# Semper Fidelis



We acknowledge and pay respect to the peoples of the Yorta Yorta Nation, including the eight clan groups, as the traditional and ongoing custodians of the land on which we gather today and we recognise that it continues to be sacred to them. We Hail them: As guardians of the earth and of all things that grow and breed in the soil; As trustees of the waters – the seas, the streams and rivers, the ponds and the lakes and the rich variety of life in those waters.

## Commitment to Child Safety

Sacred Heart College Yarrawonga is committed to the safety and wellbeing of all students at the College. As a Catholic school, we are entrusted with the holistic education of the child, in partnership with parents, guardians and caregivers who are the primary educators of their children. Sacred Heart College will implement the Child Safe Standards to ensure the safety and wellbeing of all students at the College and promote an organisational culture that manages the risk of child abuse and neglect.

## Reconciliation Prayer

Holy Father, God of Love, You are the Creator of all things.

We acknowledge the pain and shame of our history and the sufferings of our people, and we ask your forgiveness.

We thank you for the survival of Indigenous cultures, our hope is in you because you gave your Son Jesus to reconcile the world to you.

We pray for your strength and grace to forgive, accept and love one another, as you love us and forgive and accept us in the sacrifice of your Son.

Give us the courage to accept the realities of our history so that we may build a better future for our Nation.

Teach us to respect all cultures. Teach us to care for our land and waters.

Help us to share justly the resources of this land. Help us to bring about spiritual and social change to improve the quality of life for all groups in our communities, especially the disadvantaged.

Help young people to find true dignity and self-esteem by your Spirit.

May your power and love be the foundations on which we build our families, our communities and our Nation, through Jesus Christ our Lord.

## From the Principal

### **The Value of Service**

It has been a great two weeks for our middle school leaders as they embraced the Mercy value of Service. Firstly, by assisting with The Pink Breakfast Cancer Support fundraiser which raised \$11,500, a tremendous result. Our student leaders also participated in the National Simultaneous Story Time reading to Grade 1 and 2 students at Sacred Heart Primary. The Primary students were captivated by this engaging event and our students enjoyed participating in this initiative as well.

Year 8 and 9 Materials students have assisted Mr Elliott in the construction of our new altar made from camphor laurel. The finished product looks amazing and is pictured with indigenous crosses which will be placed in our new Mercy Centre. The altar has been constructed in time to be used for our Feast of the Sacred Heart. Our Footy Colours Day has raised a significant amount of money and Saint Vincent de Paul will receive a donation of \$1000 on behalf of the Sacred Heart Schools. Our VCAL students organised the Biggest Morning Tea to raise money for Cancer Research. This was a very popular event. Thanks to Mrs Morriss for her organisation of this event.

*Chloe, Spencer and Dom*

Photos are included in this publication.

*Lew Nagle*





A big thank you to Justin for his work and to Rhys, Archie, Cam and Sonny for assisting with the project.

Thanks also to Stuart Davey for sourcing the wood that was used to create this impressive altar.



## Celebrating 60 YEARS

The 60th celebration of Sacred Heart College is being held on the 23rd and 24th of June 2023 with the opening of the new administration and library buildings. Tours through the College will be held on Friday at 3pm and again Saturday at 10am.

A get together at the back of Burkes is being organising for Saturday the 24th for past students at 7pm. For those also looking for a meal prior to the gathering, meals can be ordered from 6pm in the bistro at the front of Burkes. A light supper will be supplied with booking essential for the 7pm gathering. The cost is \$10.50 and paid through:

[TryBooking- follow this LINK to book your place.](#)

Bookings close on Thursday the 15th at 9pm.

Past students are invited to attend Sacred Heart Day Mass in the MPB at 10am on Friday the 23rd. If you would like to attend and also book a tour, please contact the College Office on 0357 421 300 to assist with organisation.

Looking forward to seeing some old and new faces.

Kind regards,  
Mary Mansfield  
Mobile: 0429 069243

*Sacred Heart College Yarrowonga*

**60 YEAR CELEBRATIONS**

**FRIDAY 23RD JUNE 2023**

10 am Mass in the Multi-Purpose Building  
Followed by a light luncheon in the  
*Mercy Centre*

College Tours  
Friday 23rd June @ 3pm  
Saturday 24th June @ 10am

Memorabilia and photo display  
RSVP TO 03 5742 1300

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.



Sacred Heart College Yarrowonga

Our Unit 3 PE students are visiting Cathedral College in Wangaratta today, viewing a VO2 max and 30sec Wingate test. Paige is pictured completing the 30sec Wingate test.



Sacred Heart College Yarrowonga  
May 18 at 3:40 PM

The Ross amongst the thorns - great work by Michael and the Caring for our Common Home Team!



Sacred Heart College Yarrowonga  
4d

Yesterday we held our annual Cross Country Carnival at the Grove. Here are our age group champions who shone in the beautiful autumn sunshine.



Sacred Heart College Yarrowonga

Year 7 went lawn bowling for PE this morning.



Sacred Heart College Yarrowonga  
May 22 at 10:12 AM

Our Year 11 Physics students have been working on electrical circuits in the lab.



Sacred Heart College Yarrowonga  
4d

Today some of our Year 9 students, including Baxter, Jobe and Ollie, visited Sacred Heart Primary School to participate in the National Simultaneous Storytime where schools, libraries and other institutions gather school-age children together to read the same chosen picture book at the same time across Australia.



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## Catholic Identity

### Annual Diocesan National Reconciliation Week Mass

Today, student leaders, Faith and Justice leaders and Fire Carriers, along with teacher, Mr Michael Ross, participated in the annual Diocesan National Reconciliation Week Mass at the Nathalia Community Centre. The Mass was officiated by Bishop Shane MacKinlay.

This year we are celebrating the Diocesan Mass in partnership with St Mary of the Angels Secondary College and St Francis Primary School Nathalia.

### Sorry Day and National Reconciliation Week

In solidarity with our First Nations People, on 'Sorry Day' Friday 26 May and Monday 29 May, Para liturgies were led by Learning Advisors which focussed on reflecting and praying for reconciliation.

Students understand that the National Apology Day which has come to be known as 'Sorry Day' is held on the anniversary of the National Apology Speech to First Nations People that was delivered to the Australian Parliament by the then Prime Minister Kevin Rudd.

National Reconciliation Week, held annually between 27 May – 3 June, provides a focus for all Australian to learn and share 'histories, cultures, achievements and explore how we can work together to reach reconciliation. Every LA, prayer allows the opportunity to reflect upon our varied perspectives and also what unifies us.

### Official National Reconciliation Week Website

#### ABLAZE Youth Day

Years 10 and 11 will be attending ABLAZE Youth Day on Wednesday 7 June , 2023 as a scheduled Sacred Heart College Event. This event will be held at the Albury Entertainment Centre.

Ablaze in 2023 is part of our exploration of this year's theme 'May the words you speak always be full of grace'. The Ablaze events will be a dynamic experience of church led by Sandhurst's world-renowned performer, Fr Rob Galea, together with local speakers.

The Ablaze event is an initiative to reach out to young people, providing a platform combining live music, engaging and energetic speakers while providing an opportunity for students to celebrate and learn about their faith alongside their peers and students from Deanery schools.

*Lucienne Camenzuli*





# Justice Matters Camp

On the 17th to the 19th of May, Mrs Morriss and three Year ten students, Jetta, Darcy and myself went to the Sandhurst Diocese Justice Matters camp.

This year's Justice Matters camp explored many themes around sustainability and climate change, human rights, and what we could do in our schools to help solve these problems. The camp was a time when these problems could be discussed and given a voice to our generation. There were workshops on indigenous rights, renewable energy, sustainable food, refugees, human trafficking, slavery, and climate change. The workshops were run by guest speakers and full of amazing information and ideas.

But it wasn't all workshop and group work. There were times when we mingled and made friends with other students from schools in our Diocese. We were accommodated at the Priory in Beechworth and on the second day we completed the "Amazing Race!" in the township. This was when the students went around Beechworth and found different items reflecting the themes of the Justice Matters camp. Once the race was finished we had free time to walk around Beechworth and have some fun back at the Priory. The second day ended with a movie relating to what we had been learning about. It was called "The Public" and was a good movie with a very good ending.

This camp was a great experience to meet other students from our Diocese. It has given those that participated some exciting ideas to put into practice in our school. Stay tuned!. I would recommend this camp to any Year 10 student in 2024.

Written by Oscar Whiteley





# I Give A...Campaign

Very soon laundry baskets will start to appear in our LA homerooms as we begin our "I Give A ... Campaign" which is being organised by our Year 8 RE classes. Students are encouraged to bring in a can of food, a packet of food, or a gold coin that will be given to St. Vincent de Paul on our Sacred Heart Feast Day on the last day of term. St. Vincent de Paul will use these goods for their food parcels, for which there has been an ever-growing demand as members of our community struggle in this time of higher costs. We hope that you and your family will support this endeavour by encouraging your child to bring items to put on the baskets.



## Sports Report

We had our Cross Country last Thursday. The day ran smoothly with great participation throughout. We were fortunate enough to have 30 students running in the Ovens and Mitta Cross Country. A big thank you to Mr Adkins for setting this day up and good luck to him as this was the last sports event he was convening before going overseas.

School Football was a hit with five boys' teams and five girls' teams. The Senior and Inter Boys battled hard all day, but unfortunately ended in second position in each respected grade. Junior boys had the year 7s falling short in the Grand Final and the Year 8s close to coming third. Girls Football was filled with numbers with the Year 9 girls being undefeated and the only team making it through to the first stage. Great participation throughout the day and it was a level above other years.

## End of Term Sports Day

End of Term Sports Days are fast approaching. If you are keen, please get your name down to participate in one of the following sports to be played on the day.

- Soccer
- Netball
- Badminton

To guarantee your place in a team you MUST sign up by the 10th June.

Jyda House  
Sports Trainee





## Great new reads in the Library #7



### *Boys will be human* by Justin Baldoni 2022

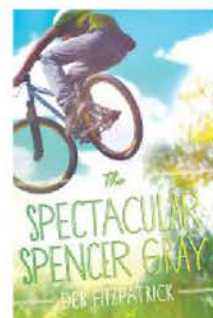
A get-real gut check guide to becoming the strongest, kindest, bravest person you can be. Challenges the unwritten rules that tell boys how to act, think and feel. There are no subjects off limits.



### *The spectacular Spencer Gray* by Deb Fitzpatrick 2017

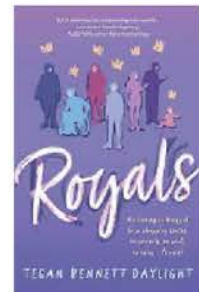
An action-packed story of an ordinary kid who stumbles into a dangerous money-making operation. His life changes overnight when he discovers endangered animals kept in cages, and the criminals discover him.

His life is not as valuable as the animals!



### *Royals* by Tegan Bennett Daylight 2023

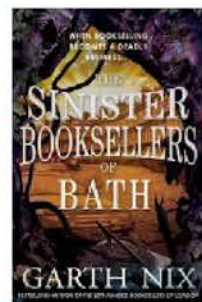
A group of unlikely teenagers trapped in a shopping centre. No parents, no phone connection, no rules, no way out! A modern day 'Lord of the Flies' story about what really happens when there no adults in the room. Will the six be driven to delinquency, or even worse, become friends? Can they overcome their long held prejudices around disability, race and gender?



### *The sinister Booksellers of Bath* by Garth Nix 2023

The action packed sequel to the 'Left-handed booksellers of London'. The Booksellers, who police the mythical creatures most people do not see, are dealing with disappearing young people, a sorcerous map and a murderous ancient sovereign. Can the right handed, and left handed booksellers, with the help an art student who really does not want to be magical, work together to save the world as it is.

A thrilling sequel!





# Library News

Digital borrowing of ebooks and audiobooks is available from our Library through SORA!

We are part of a group of schools in the Sandhurst Diocese that have access to a library of ebooks and eaudiobooks available for loan digitally.

Every student and staff member has the SORA app added to their google homepage and there is also an app for ipads and phones.

There are thousands of items available for loan, both fiction and nonfiction, across a range of age levels. Students can only access age appropriate material and can make notes, highlights and even select a dyslexic font, change the background colour and font size.

For information on how to log in to the SORA elibrary please read this:

<https://docs.google.com/document/d/18L9MkfQZzkup3VJuowbb-L5Jw9-cZllvNHSeiyHiHM/edit?usp=sharing>

Basic SORA introduction:

<https://fast.wistia.net/embed/iframe/x1crca6tIn?videoFoam=true>

The SORA help page has all the other information you may need:

<https://help.soraapp.com/en-us/home.htm>

## VCE PE Fitness Testing Demonstration

On Wednesday 24th May Unit 3 VCE PE students travelled to Cathedral College Wangaratta to view a VO2 Max and 30 second Wingate Test demonstration. Our own Paige performed the 30 second Wingate Test in front of 60 students from around the area. She did an excellent job in the test hitting over 900 watts at her peak, a very impressive result and one of the best results METs Performance have seen by an 18yo female. The information covered in the session covered much of Unit 3 and provided the students with an excellent preparation for their SAC. The VO2 max test is a test of a persons ability to use oxygen, this was performed by a student from Cathedral College and the 30 second Wingate Test is a test of a persons anaerobic capacity. We would like to thank Tyler form METs performance and consulting for running the session (Tyler is also Andrew Baird's nephew) and Cathedral College for hosting us.



**ENROLMENT  
INTERVIEWS**

**Enrolment interviews have commenced.**  
If you have handed in your enrolment application, the College will be in touch to book a suitable time for you and your child.

**ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.**



**Sacred Heart College Work Habits Rubric**

| Work Habit  | Excellent  | Very Good   | Satisfactory   | Unsatisfactory  |
|---|--|---|--|---|
| <b>Effort</b>                                       | Consistently works to the best of their ability. Consistently demonstrates a positive attitude to learning.                | Usually works to the best of their ability. Usually demonstrates a positive attitude to learning.                               | Sometimes works to the best of their ability. Sometimes demonstrates a positive attitude to learning.                          | Rarely works to the best of their ability. Rarely demonstrates a positive attitude to learning.                           |
| <b>Class behaviour</b>                              | Consistently behaves in a respectful manner to teachers, peers and the learning environment.                               | Usually behaves in a respectful manner towards teachers, peers and the learning environment.                                    | Sometimes behaves in a respectful manner towards teachers, peers and the learning environment.                                 | Rarely behaves in a respectful manner towards teachers, peers and the learning environment.                               |
| <b>Effective use of time</b>                        | Consistently uses class time efficiently and productively. Always focuses on learning activities.                          | Uses class time efficiently and productively most of the time. Is focused on learning activities most of the time.              | Sometimes uses class time efficiently and productively. Is focused on learning activities some of the time.                    | Rarely makes efficient and productive use of class time. Rarely stays on task.  |
| <b>Demonstration of independent learning skills</b> | Consistently demonstrates the ability to learn independently. Consistently uses feedback to improve performance.           | Demonstrates the ability to learn independently most of the time. Usually uses feedback to improve performance.                 | Sometimes shows the ability to learn independently. Sometimes uses feedback to improve performance.                            | Rarely shows the ability to learn independently. Rarely uses the feedback provided to improve performance.                |
| <b>Demonstration of organisation skills</b>         | Is consistently organised for class with necessary learning materials and has completed required preparatory work on time. | Is usually organised for class with necessary learning materials and equipment. Has usually completed preparatory work on time. | Sometimes comes to class with the required learning materials and equipment. Sometimes has completed preparatory work on time. | Rarely comes to class with required learning materials and equipment. Rarely completes assigned preparatory work on time. |

|  |  |
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| Thursday 1 <sup>st</sup> June                          | Ovens and Mitta Cross Country Beechworth.<br>PAM permission required |
| Monday 5 <sup>th</sup> – Friday 9 <sup>th</sup> June   | Unit 1 Exams   |
| Wednesday 7 <sup>th</sup> June                         | ABLAZE Youth Day – Yr 10 and 11<br>PAM permission required           |
| Thursday 8 <sup>th</sup> & Friday 9 <sup>th</sup> June | Year 10 Exams  |
| Tuesday 13 <sup>th</sup> June                          | Semester 2, Senior School 10 to 12 <u>begins</u>                     |
| Wednesday 14 <sup>th</sup> June                        | <u>North East TIS</u> Yrs 10 and 11                                  |
| Thursday 15 <sup>th</sup> June                         | GAT<br>Student Free Day  |
| Friday 16 <sup>th</sup> June                           | Surrey Hunter Presentation   |
| Tuesday 20 <sup>th</sup> June                          | O & M Junior Sports Day<br>PAM permission required                   |
| Wednesday 21 <sup>st</sup> June                        | Yr 9 The Dreaming Retreat  |
| Thursday 22 <sup>nd</sup> June                         | O & M Senior Sports Day<br>PAM permission required                   |
| Friday 23 <sup>rd</sup> June                           | Sacred Heart Day Celebrations<br>Mass 10am<br>Last day of Term 2     |
| Monday 10 <sup>th</sup> July                           | Student Free Day   |
| Tuesday 11 <sup>th</sup> July                          | Term 3 begins, students return to <u>school</u>                      |





## Homework Policy

[https://drive.google.com/file/d/1hE5SzwFi4lQdURKDVw53fElcPaHzmnVF/view?usp=share\\_link](https://drive.google.com/file/d/1hE5SzwFi4lQdURKDVw53fElcPaHzmnVF/view?usp=share_link)

## Homework Club

We are again offering the valuable service of Homework Club to all of our students. Students have a supportive place to complete their homework and study with the assistance of teachers.

### **Junior Homework Club:**

Teachers: Reed Bonat and Caitlin McNamara

When? Wednesday from 3.15pm - 4.45pm.

Where? School Library (New Administration Building)

### **Senior Homework Club:**

11 & 12 and students studying VCE Unit 1&2 Subjects

When? Tuesdays (Loretta Casey) and Wednesdays (Andrea Van Maneen)

Where? Senior Study on Kennedy Campus

The College's Homework Policy is attached to this newsletter, above, for students and parents to familiarise themselves with. Please contact your child's Learning Advisor if you have any questions or concerns about homework and study.



## Camps, Sports and Excursions Fund (CSEF)

The purpose of this policy is to ensure schools appropriately administer, and support families to access, the Camps, Sports and Excursions Fund (CSEF) so that a family's financial circumstances are not a barrier to student participation.

### Submitting an application

The Camps, Sports and Excursions Fund (CSEF) system is open for schools to enter applications from 30 January 2023. Parents/carers wishing to apply for CSEF payments for 2023 must submit their application form to the relevant school before 23 June 2023.

However, a parent/carer will only be required to submit an application form to the school in the following circumstances:

the parent/carer is applying for the CSEF payment for the first time – i.e. an application form was not lodged with the school in the previous year, or

circumstances have changed – for example, there has been a change in the care arrangement of the student, a change of name or CRN, or a new sibling has started at the school and the parent/carer wishes to apply for the CSEF payment for the new sibling also.

Where a parent/carer is not required to submit a new application, schools can rollover/copy the previous year's application on the CSEF system to the current school year.

### Payment amounts

Payments for 2023 are:

\$125 per year for eligible primary school students

\$225 per year for eligible secondary school students.

Payments are made directly to the school:

from March onwards each year where the parent/carer's concession card is assessed as valid on the first day of Term 1 and

until 23 June where the parent/carer's concession card is assessed as valid on the first day of Term 2.

Application forms

Schools are able to accept and process applications up until 23 June.

Camps, Sports and Excursions Fund application form (DOCX)

If you would like to add your community event to our Notices page, please either contact the College on: 03 57 421 302 or email: [eleanor.haynes@shcy.vic.edu.au](mailto:eleanor.haynes@shcy.vic.edu.au)





I'm having a tough time at the moment

We're here to help

## Yarrowonga Wellbeing Workshop

Our FREE Wellbeing Workshop could be just what you need to help you reach a healthier state of mind after challenging times.

The workshop will focus on strategies to improve your mental health with **Natasha Laroo** from **Serene Psychology, Yarrowonga** joining us for discussion. We also recognise the impact of cost-of-living pressures on our mental health and have joined with **Primary Care Connect** to hear information from their financial counselling team.

We're putting on a free cooking demonstration too! Tuck into some delicious food while connecting and creating friendships with others in the community.

Places are limited so please RSVP to secure your spot.

**Date:** Friday 16th of June 2023

**Time:** 10:30am to 2:30pm

**Location:** Yarrowonga Senior Citizens Hall - 26 Hovell St, Yarrowonga

**Cost:** FREE

**RSVP:** Wellways (Ash) 0481 067 380 or Wellways (03) 5822 8600



wellways



Murray Conservatorium

## Murray Conservatorium Orchestra

presents

### From Screen To Stage

Dress up in your favourite character. \*\*\* Prizes for the Best Costumes \*\*\*

music from

- Star Wars
- Marvel
- Harry Potter
- James Bond

Orchestra conducted by **Damien Jones**

Date: Sun 18 Jun Time 2pm to 3pm Duration: 1 hr

Where: The Cube in Wodonga

Cost: \$ 27 Full, \$ 19 Member, \$ 22 Concession, \$ 6 Child

Bookings: Ticketing and Box Office: Monday to Friday - 10am to 4pm

Or call - The Cube on (02) 6022 9311

Email: [cubeboxoffice@wodonga.vic.gov.au](mailto:cubeboxoffice@wodonga.vic.gov.au)

Club Mogo Express



Community Seminars

### BUILDING HAPPINESS & RESILIENCE IN YOUNG PEOPLE & THEIR FAMILIES

Guest Speaker **DR MICHAEL GARDNER**

THURSDAY 04-MAY-2023

### Family Connections Through Art

CREATE AN ARTISTIC IMAGE OF YOUR FAMILY TREE WITH THE SUPPORT AND GUIDANCE OF LOCAL ARTIST **Lisa Bishop**

**Albanyville** TUESDAY 07th MAY 2023 5:30PM - 7:30PM

**Murrumbidgee** TUESDAY 08th MAY 2023 5:30PM - 7:30PM

PLACES ARE LIMITED SO BOOK NOW & DON'T MISS OUT! This is for young people aged 10-18yrs, & a parent, grandparent or other important adult in their life.

### Rhythmic Drumming Together

Connect and have fun through African Drumming

**Albanyville** 5:30pm - 7:30pm Tuesday 23rd May 2023

**Murrumbidgee** 5:30pm - 7:30pm Tuesday 6th June 2023

This is for young people aged 10-18yrs, and a parent/grandparent or other important adult in their life. Places are limited so book now & don't miss out!

### Term 2, 2023 Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parents and carers.

**Term 2 topics: (all 30 minutes)**

- **Getting started with social media: TikTok, YouTube, Instagram** For parents and carers of young people in primary and secondary school.
- **Online relationships and consent: sending nudes and sexting** For parents and carers of young people in secondary school.
- **eSafety 101: how eSafety can help you** For parents and carers of young people in primary and secondary school.
- **Setting your child up for success online** For parents and carers of young people in primary school.

For more information and to register now: [esafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)

eSafety Commissioner | [esafety.gov.au](https://esafety.gov.au)

## DID YOU KNOW?

Your child's sports fees are an eligible savings goal?

[saverplus.org.au](https://saverplus.org.au) | 1300 610 355

**Saver Plus – Because the best thing money can buy is financial freedom**

The Saver Plus community program has helped over 55,000 Australians take the stress out of school costs. It's free for eligible people to join.

At Saver Plus, we pair you with a savings coach while you budget and save over the next 10 months. You attend online workshops to learn tips, tricks and information to grow your budgeting and savings skills. Once you reach your agreed savings goal, ANZ matches your savings dollar-for-dollar, up to \$500. You can use that money towards education costs such as uniforms, text books, laptops or extra-curricular activities such as sport or music.

You could be eligible to join Saver Plus if you:

- have a Centrelink Health Care Card or Pensioner Concession Card
- are at least 18 years old
- have some regular income from work (you or your partner) including casual, part-time, full-time or seasonal (we also accept child support and carer's payment as income)
- have a child at school or attend vocational education yourself.

To find out more, or to apply, go to [www.saverplus.org.au](https://www.saverplus.org.au) or call 1300 610 355

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