

Semper Fidelis



We acknowledge and pay respect to the peoples of the Yorta Yorta Nation, including the eight clan groups, as the traditional and ongoing custodians of the land on which we gather today and we recognise that it continues to be sacred to them. We Hail them: As guardians of the earth and of all things that grow and breed in the soil; As trustees of the waters – the seas, the streams and rivers, the ponds and the lakes and the rich variety of life in those waters.

Commitment to Child Safety

Sacred Heart College Yarrawonga is committed to the safety and wellbeing of all students at the College. As a Catholic school, we are entrusted with the holistic education of the child, in partnership with parents, guardians and caregivers who are the primary educators of their children. Sacred Heart College will implement the Child Safe Standards to ensure the safety and wellbeing of all students at the College and promote an organisational culture that manages the risk of child abuse and neglect.

From the Principal

Opening Liturgy

The College's Opening Liturgy will be held next Tuesday with the theme "Let your light shine". As a symbol of this theme, each learning advisor group will receive a tea cup candle symbolising not only light, but the Mercy value of hospitality. Reflecting on the theme of "let your light shine", I am reminded of the quote from Marianne Williamson:



"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you not to be? You are a child of God. Your playing small, does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

Our students have certainly been letting their light shine with three of the 23 national recipients of the University of Melbourne's Hansen Scholarship coming from Mercy affiliated schools in our Diocese. 2022 College Captain, Ethan Lay, who is studying Biomedicine, was one of the recipients. The following is an excerpt from a recent press release:

Three graduating students from Sandhurst Schools have been awarded the prestigious Hansen Scholarship from Melbourne University. The trio, who graduated last year from their respective Colleges, achieved outstanding academic results and demonstrated a commitment to their communities.

Ethan Lay from Sacred Heart College Yarrawonga, Ella Gibson from Catholic College Wodonga, and Lochlan Tresize from Catherine McAuley College Bendigo were among only 23 students Australia-wide to be awarded the significant scholarship.

The students will be supported with a full scholarship for the duration of their bachelor's degree at the University of Melbourne. They will also receive a living allowance, mentoring and pastoral care, academic, cultural, career and other development opportunities, and free accommodation in a purpose-built student residence, Little Hall.

Open Day

The College will be holding an Open day on Thursday, 23rd of March from 11.30am -1.30pm. All programs will be on display at this time and families are encouraged to book in for a tour. The 2024 Year 7 Information Night will be held in the new administration building on Monday, 3rd of April commencing at 6pm.

Congratulations

Congratulations to Year 7 student, Fraser Nagle, who made numerous finals at the Victorian Long Course Swimming State Finals on the weekend. Fraser finished 4th in the 50m Freestyle final as well as making the 200m Freestyle final and 100m Backstroke. Fraser will be a part of a strong Sacred Heart College squad which will compete in the VSSSA Regionals this Friday.

Lew Nagle



Year 10 Melbourne Synagogue and Holocaust Museum

On Friday the 3rd of March the Year 10s went on an excursion to Melbourne to learn about the Holocaust and the repercussions that still live on today. After a three hour bus ride we arrived at the second oldest synagogue in Melbourne. We talked to two different Rabbis and we learnt about the Jewish religion and culture. Then after a small break for lunch we visited the Holocaust Museum. They had many artefacts and we even heard the personal story from a holocaust survivor, Guata. She told her story of how she was sent to multiple concentration camps and was used for slave labour. While it was a grim story Guata insisted on telling it to teach other generations. During the questionnaire period, when someone asked what advice she would give to future generations Guata responded "Live and let live". Guata was determined to ensure that people would be able to live their life to the best of their abilities and that other people wouldn't have opportunities in life taken from them because of others.

Our Melbourne trip started with a visit to the Melbourne Synagogue. At the Synagogue we spoke to two different rabbis who are leaders within Judasium. They both talked in depth about how the Synagogue works and different customs in Judaism. Within the Synagogue women and men sit separately and there is a dress code: women are to wear skirts and men are to dress smart with a kippah.

While at the Synagogue we learnt that all Synagogues around the world face towards Jerusalem. After the Synagogue we headed off to have lunch in a park and then we had time to explore, so myself Heleena, Judd and Damon headed off to get ice cream.

The Holocaust Museum was our last stop before heading home. While there we got to look through replica artefacts from that time. My group had two to focus on; they were a book that painted the jews as bad and dangerous and a chart that ranked people in the concentration camps. Finally we got to meet a Holocaust survivor, Guta Goldstein, who read us a part of her memoir and answered any questions we had for her.

It was an amazing experience and made us all feel very thankful for the life we have today.

By Heleena



Sienna, Alannah and Rabi Yaakov at the Melbourne Synagogue

Year 9 Science - Fieldwork to Chinamans Island

As a part of our year 9 Science class we have been learning about ecosystems. On Friday the 3rd of March 9A went to Chinamans Island to do a field report on the abiotic and biotic factors. The students took photos of the differing species they found whilst at Chinamans island. They then developed maps on the location and the use of the island. They found that getting out of the classroom helps them to engage with the local community and learn in a different way.



Peyton

By Henry Donovan

On the 1st of February we left Sacred Heart College at 7:30 a.m. to go on a bus trip to Phillip Island for our Yr 7 camp. Luke and I were sitting next to Miss Binnie and Mr. House. We went through Melbourne and ended up at the Phillip Island Adventure Resort where we had our 3-day year 7 camp.

When we arrived at Phillip Island Adventure Resort we introduced ourselves to the workers. It was exciting to get there on Wednesday. When we were there Luke and I did the giant swing and then we went to our cabins to get changed so were ready to go on the giant swing. Luke and I went to the 16 ft giant swing. Then we had some dinner and we went to bed at 9:30. I stayed up for a little bit longer because I couldn't get to sleep. When the morning came, I woke up first and then Ed jumped on all of us. We also had a pillow fight. It was so much fun to be hanging out with each other and we all loved the pillow fight.

The next day Luke and I were going on the flying fox. Luke went on but because it was so windy no one else had a go and we had to leave the activity. When Luke and I had our go we hit the tire and touched the line, then we bounced back because it was so windy. Spencer and Cameron went first and then ran the swing rope back to us. Luke and I had to run the swing up after we took off our harnesses. It started raining so we ended up doing some indoor rock wall climbing. That night we went to a bowling alley that also had laser tag and table tennis. It was really good fun. That night we all slept really well because we were so tired.

The next morning, some people had surfing down at the beach. They arrived at the surfing shop early and had another lesson on. When they got back they said it was great and they were having the time of their life. I went surfing with all my mates the day before and decided that I did not want to go back the next day even though my mum had paid for an extra lesson. I didn't go because I didn't want to put the wetsuit on because every time I put it on, it scratches the back of my neck and it starts rubbing and makes it all scratchy.

We stayed at the camp and had some brekkie on the last day. It was freezing. I was only wearing a T-shirt and a jumper. It was so windy that we were all falling off the obstacle course. We had to try to stand on this little piece of wood without falling off and try to get all 23 of us on. Then we had to try to balance on this seesaw to move on to the next challenge. We had to line up using our middle names in alphabetical order without talking.

When finished, everyone walked back to the bus and put their suitcase on and cleaned their room. We left camp before lunch.

When we arrived at our first toilet stop there were a few people sick but lucky I wasn't. Ed and I swapped seats. I sat next to Jyda and we were talking about footy and some cricket. We stopped at Wallen to go to the toilet and have lunch. When we got back to Yarrawonga we quickly got off the bus and grabbed our things. I went and said Hi to mum and went home to my good soft bed. When we got home I called Nan and told her about camp and said that it had been a good fun camp with my friends.



*Year 7
Camp*



YEAR 8

Camp

SPORT

Last week students went over to Wodonga for O&M Swimming, it was a successful day for our college with all 15 students qualifying for the next swimming region, which will be held on this Friday 17th March. We wish these students all the best. Special mention to Fraser Nagle and Chelsea Kerr who both won age champions in their respected age groups, a fantastic achievement!

Further to this, we have our Athletics carnival fast approaching that will take place down at Vic Park on Friday 24th March, students are encouraged to dress up in house colours and participate!

Jyda House
Sports Trainee

Athletics Carnival

Friday 24th March, Vic Park

More details will be available on Daily Notices next week.

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.

Grace Notes by Karen Comer 2023

A verse novel about what happens when the paths of a young busking violinist and an aspiring street artist collide during a pandemic. Set in one of the most locked-down cities in the world - Melbourne, 2020.

Grace and Cruz both write their side of events that lead up to their meeting, and then what happens after.

The Lorikeet Tree by Paul Jennings 2023

Emily and her twin brother, Alex receive some devastating news. Their sole parent, their father, is dying

Thus begins the hardest year of their lives, as they try their best to look after their father, look after the rural forest property they live on and stop fighting with each other. Emily isn't the same as her brother. She loves him, but they are wildly different people, so none of this is easy.

Running With Ivan by Suzanne Leal 2023

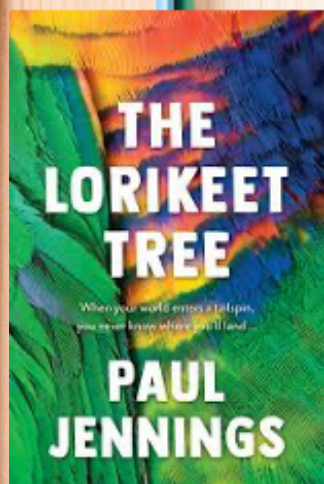
13-year-old Ivan's life has changed forever after his mother dies, and his father remarries. Now he has two brothers who dislike and bully him, and he must share a room with one of them!

Yearning to escape the new family he never wanted, thirteen-year-old Leo Arnold is transported to Prague in wartime Europe where he must draw on his courage to save himself and those around him.

Tumble Glassby Kate Constable 2023

Rowan is helping her big sister Ash with painting her room when suddenly they find themselves in 1999, at a party in the very same house. Rowan meddles with her family's history and now Ash is stuck back in time, and her family and friends are forgetting who she is. What will Rowan need to do to get her sister back and can she do that before Ash is blinked out of existence?

Visit the Library to borrow any of these books.



Homework Policy

https://drive.google.com/file/d/1hE5SzwFi4lQdURKDVw53fElcPaHzmnVF/view?usp=share_link

Homework Club

We are again offering the valuable service of Homework Club to all of our students. Students have a supportive place to complete their homework and study with the assistance of teachers.

Junior Homework Club:

Teachers: Reed Bonat and Caitlin McNamara

When? Wednesday from 3.15pm - 4.45pm.

Where? School Library (New Administration Building)

Senior Homework Club:

11 & 12 and students studying VCE Unit 1&2 Subjects

When? Tuesdays (Loretta Casey) and Wednesdays (Andrea Van Maneen)

Where? Senior Study on Kennedy Campus

The College's Homework Policy is attached to this newsletter, above, for students and parents to familiarise themselves with. Please contact your child's Learning Advisor if you have any questions or concerns about homework and study.



The Lost and Found table is currently looking for owners of:

- 2 drink bottles
- 2 pencil cases
- 1 school jacket
- 1 small school jumper
- 1 orange and white stripe towel
- 1 zippered lunch box

Lost and Found table can be found in the Wexford corridor.

Remember to name all of your items. Owners can very easily be found if everything has a name on it.

Sacred Heart Parents and Friends Easter Raffle

The youngest student in each family at the College has been given a book of raffle tickets to sell and return to the College by the 31st March. This is a really easy way to help raise much needed funds. If you have not received any tickets and would like to help, please contact either of the schools. The P & F really do appreciate the fantastic support by families in the community.



1st Prize



Box of favourites, bag of eggs, 10x hunting eggs, marshmallow chocolates, maltasers, regular bunny, caramello bunny, dream mini eggs, crunchie mini eggs, raspberry mini eggs

2nd Prize



Large bag of mini eggs, regular bunny, kinder surprise bunny, oreo mini eggs, mini eggs, licorice eggs, regular egg, kit kat minis








3rd Prize



Extra large 400g bunny

Miss Urquhart's LA have organised a Caritas fundraiser Easter Raffle. Money will go towards those less fortunate and we have a fundraising goal of \$300 for our LA. Tickets are \$1 each or 3 for \$2

If you would like to add your community event to our Notices page, please either contact the College on: 03 57 421 302 or email: eleanor.haynes@shcy.vic.edu.au

15 th to 24 th March	NAPLAN	
Friday 17 th March	Hume Swimming Carnival Wodonga	
Monday 20 th March Monday 27 th March	Parent, Teacher, Student Interviews 3.30pm to 6.30pm. Book online via PAM.	
Wednesday 29 th March	Yr 7 Girls LLL Program	
Thursday 30 th March	O & M Inter and Senior Sports Day Round 1 Yr 7 & 10 Immunisation	
Friday 31 st March	VCE VM Grand Prix excursion Casual Clothes Day and Caritas BBQ fundraiser	
Sunday 2 nd April	Daylight Savings ends	
Monday 3 rd April	Easter Liturgy 2024 Year 7 Information Session 6pm to 7pm	
Tuesday 4 th April	O & M Junior Sports Day	
Wednesday 5 th April	Year 7 Girls LLL Program	
Thursday 6 th April	College photos. FULL COLLEGE UNIFORM ON THE DAY Backflips Against Bullying production Last day of Term 1	
Friday 7 th April	Good Friday	
Monday 10 th April to Thursday 13 th April	Debutante prac in the MPB	
Monday 24 th April	Student Free Day	
Tuesday 25 th April	ANZAC Day	
Wednesday 26 th April	Term 2 begins	

March

April



50TH ANNIVERSARY CELEBRATION

Friday 24 March 2023 from 5pm 8-10
Benalla Rd, Yarrawonga
(At the Courts)

- Come and help celebrate 50 years of squash and racquetball in Yarrawonga
- BBQ – gold coin donation, drinks at bar prices
- Catch up with new and old members
- Share a story about your time at the club
- RSVP: 0414 606 270 or on facebook via the QR code



DATES TO REMEMBER!

Join us!

Sacred Heart College
2024 Year 7 Information Session
Monday 3rd April 2023 6pm



Sacred Heart College

OPEN DAY

Thursday 23rd March

11.30am-1.30pm



**Come and see the
College in action.**

Witt Street, Yarrowonga • Ph 03 5742 1300 • Email: info@shcy.vic.edu.au • www.shcy.vic.edu.au

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.



SACRED HEART COLLEGE CANTEEN MENU 2023



HOT FOOD

- \$5.00 Chicken schnitzel & gravy roll
- \$1.00 Steamed dim sims
- \$1.00 Hash brown
- \$4.00 Ham & cheese toastie
- \$5.00 Sweet chili chicken tender wrap
- \$4.00 Pasta
- \$3.00 Noodles (Chicken/beef)
- \$1.00 Party pie
- \$1.00 Party sausage roll
- \$4.00 Meat pie
- \$3.50 Sausage roll
- \$1.00 Pinwheel
- \$1.50 Pizza muffin (BBQ chicken)
- \$4.00 Nachos
- 20c Tomato sauce

SANDWICHES/ROLLS/WRAPS

- \$6.00 Chicken schnitzel & salad wrap
- \$4.00 Salad only (Sandwich/wrap/roll)
- \$5.00 Ham and salad (Sandwich/wrap/roll)
- \$5.00 Chicken meat and salad (Sandwich/wrap/roll)

CAKES

- \$1.00 Cookies
- \$2.00 Muffin (Chocolate/choc chip/blueberry)

FRUIT

- \$1.00 Apples/bananas

DRINKS

- \$2.00 Slushy
- \$3.00 Water
- \$3.50 Nippy's milk
- \$1.50 Prima
- \$3.00 Iced tea
- \$4.00 Juice – orange or apple, apple & blackcurrant)

ICECREAMS/ICY POLES

- \$1.00 Zooper dooper
- \$2.00 Mini callipo
- \$3.00 Cyclone
- \$3.00 Paddle pop
- \$4.00 Golden gaytime
- \$3.00 Frosty fruit
- \$3.00 Lemonade icy pole

SNACK FOODS

- \$2.00 Biscuits and cheese
- \$3.00 Yoghurt
- \$1.00 Jelly cup
- \$2.00 Red rock deli chips
- \$1.50 Vege chips (Gluten free)
- 20c Raspberry twists
- 20c Yoghurt stick
- 50c Allens python