

## *Prayer*

God our Father,  
Your power brings us to birth,  
Your providence guides our lives,  
and by Your command we return to  
dust.

Lord, those who die still live in Your  
presence,

their lives change but do not end.

In company with Christ,

Who died and now lives,

may she rejoice in Your kingdom,  
where all our tears are wiped away.

Eternal rest grant unto her, O Lord.  
And let perpetual light shine upon  
her.

May she rest in peace.



### In Memory of Queen Elizabeth II

The Royal household has announced  
that Her Majesty Queen Elizabeth II  
has died.

Out of respect to her family and  
grieving nations, and  
acknowledgement of 70 years of  
service and dedication she gave, we  
pray for the repose of her soul.

## *From the Acting Principal*

As Term 3 draws to an end, we are grateful for the many 'in person' opportunities and experiences that our students have been able to engage in this term. From the Year 11 Religious Education cultural excursion, the Year 9 Northern Territory camp, the Year 10 Snow camp, Year 10 Work Experience, numerous science excursions and the VCAL students hosting an afternoon tea for Yarrawonga Aged Care. It is wonderful after two years of events and experiences being disrupted to be able to actively engage in experiential learning outside of the physical classroom. It has been fantastic to see our learning community come together to face challenges and feel a great sense of achievement in trying new things and gaining a sense of accomplishment from doing difficult things.

Our Year 12 students have been working hard to complete their final school based assessments and turn their attention firmly towards their external examinations. Last week they sat the General Achievement Test, another task completed in their Year 12 journey. Our thoughts and prayers are with them, their families and their dedicated teachers as they revise their course content and complete many practice examinations in the lead up to their school based trial exams that commence Week 1 of Term 4. This is followed by the formal VCAA examination period. All students who are undertaking a Unit 3 and 4 scored subject have been given their individual VCAA external examination timetable and their own copy of the 2022 Exam Navigator which can be found online at: <https://www.vcaa.vic.edu.au/studentguides/ExamsNavigator/Pages/index.aspx>.

We remind our Year 12 of the 2022 Mercy value of Courage, and the words of our Lord when they encounter challenges in the lead up to the examinations:

"Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go."(Joshua 9:1)

I have included below the Year 12 Pledge that our students wrote together during their Retreat at Harrietville, held at the start of the year. Reflecting on the intentions that Year 12s set. It is pleasing to see that they are embodying their goals in their daily lives at school this year.

### *School Pledge*

We, the 2022 Year 12 students of Sacred Heart College, make this pledge to the school community. Throughout this year we aim to:

- Encourage others to participate and give their best
- Have fun through being involved in the school activities and having a positive attitude
- Create an environment that is inclusive and accepting of all creation
- Work effectively and efficiently together as a team to achieve our goals and aspirations
- Stay resilient in the face of adversity

## *From the Acting Principal cont:*

Preparations for 2023 are well underway and as part of that process we have completed the application, interview and selection process for our Year 12 2023 School Leaders. I would like to thank Mr Richard Geary, Year 11 and 12 Co-ordinator for leading this rigorous process and I am pleased to announce that our College Captains for 2023 will be Chloe Burgess and Dominic McInness. Our Vice College Captains will be Belinna Walshe and Jessica Arnold. Jessica Arnold will also be our Student Representative Council leader. We wish them all the very best in taking on these important leadership roles in our school community.

A reminder that Term 3 concludes for students at the normal time of 3:10pm on Thursday the 15th of September. We look forward to welcoming our students back in Term 4 and we wish everyone a happy and safe break.

Fleur Linehan  
Acting Principal

## *Year 10 PE*

Over the last few weeks in Physical Education, students in Year 10 have been participating in an invasion game unit. Students have been engaged in a variety of team sports including European Handball, Ultimate Frisbee and Basketball, developing their skills, knowledge and ability to implement a range of tactical strategies. Year 10 students have the opportunity to put their skills into action this week at OM interschool sports, and we wish all Years from 7-10 participating in these sporting events good luck.

## *Psychology*

Unit 2 Psychology students have been busy learning all about gustatory sensation and perception! The students have been conducting taste experiments to understand how we taste, what influences our taste and how our taste can be changed! In the photos, we can see that the students used blue food dye to count how many papillae their tongues had to see if they were a supertaster or not. In another experiment, we tried miracle berries which changes our taste sensation from sour to sweet! In the photo you can see the students are happily eating lemons which tasted like lemonade after eating the miracle berry. Students have also reluctantly tried tasting BBQ-flavoured crickets and cricket corn chips when learning about how our taste is influenced by our cultural backgrounds. Well done to the students for giving everything a go!



## *Reviewing Our VCAL Year*

### *My Project Review - R U OK? Day*

RU OK? Day is a nationally recognised day that raises awareness of mental health issues that people face. RU OK? Day was recognised on Thursday the 8th of September 2022. To mark the day at Sacred Heart College, the VCAL class planned a day for the students. As it was a very rainy day we had to cancel some of the activities that were planned, however we were still able to run some of the planned events, such as Chloe Burgess performing for the students.

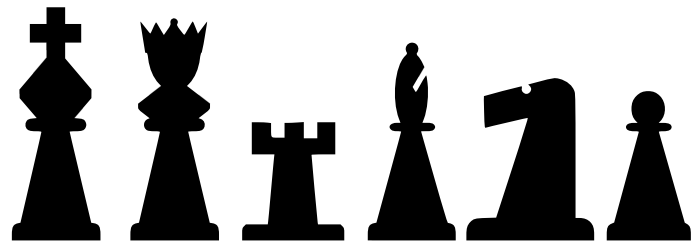
I led the project and worked with community organisations to mark the day. I contacted the Mulwala Bakery who generously donated 250 yellow, iced donuts as well as Woolworths Yarrawonga who donated soft drinks for all the students. Everyone was invited to wear a touch of yellow to mark the day.

As a senior VCAL student I had to plan and organise an event for my Personal Development Skills subject, so I chose the planning and organisation of R U OK? Day. I organised the day with the support and guidance of Sandie Brown and Eleanor Haynes.

As the weather was poor we held the event in the MPB and all the students were able to come together to eat their donuts and enjoy their cold soft drink, while listening to Chloe sing.

We are very grateful to both Mulwala Bakery and Woolworths for their sponsorship of this event and to Chloe for her entertainment.

by Olivia Ford



## *SHC Annual Chess Tournament*

After several terms of lunchtime chess games we have finally completed our annual individual chess tournament.

Each player started with three lives, and played games against people with the same number of wins. Eventually we ended up with Harry from Year 9, and Jason from Year 8, in the Grand Final. Xander and Connor from Year 10 played off for third and fourth. Harry was the winner against Jason in what was a tight game with little time left on the clock, and very few pieces on the board. Connor managed to overcome Xander in another tight game.

Well done to everyone who had a go in this tournament, and improved their chess playing performance at the same time.



## Great New Reads In The Library #13

### *Speck Of The Stars* by Henry Boffin 2022

Raised by utility robots on board the Grand Orbital Library, twelve-year-old orphan Speck's days are spent serving the spaceship's exotic guests. At night, he dreams of exploring the Universe. His friends and family are all robots. When the 'dangerous Star Child' is captured and bought to his ship Speck's life changes dramatically. The Universe is in grave danger!



### *No Words* by Maryam Master 2022

Aria has never spoken at his new school. He is newly arrived in Australia, 12 years old and bullied at school. Hero does not feel like a Hero but has to intervene when she can no longer stand the bullying.

What happened to his voice?

Where did he come from?

What are those three dents on his middle finger?



### *The Secrets Act* by Alison Weatherby 2022

Codebreaker, friend, spy?

This is the story of two young women, Pearl and Ellen, who are recruited to work at Bletchley Park during the Second World War. Set in atmospheric 1940s England, one breaks the codes, and one delivers the codes. When one of the young code riders is killed a mystery of their own ensues.



### *Wylah: The Koorie Warrior* by Jordan Gould 2022

Book 1 in a new series for middle school readers, based on First Nations history. Wylah is brave, clever, and determined. All her best friends are giant megafauna. When her family is stolen by a dragon army, Wylah is forced to become a warrior like her grandmother before her.



Visit the Library to borrow any of these books.



Discover more in the Library catalogue <https://library.shcy.vic.edu.au/#!dashboard>

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.



## eSafety parent and carer guide to digital technologies and mental health

Learn how games, apps, social media and time online can influence young people's mental wellbeing.

Join eSafety's expert education and training team for a free live webinar designed for parents and carers of young people aged 10 to 18.

October	AEDT
Wed 12	7:30 to 8:30pm
Mon 17	12:30 to 1:30pm
Thurs 27	12:30 to 1:30pm

Register now: [esafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)



Free webinar

[esafety.gov.au](https://esafety.gov.au)



### September

- Tues 13th: O & M Junior Sports Day
- Thurs 15th: O & M Inter Sports Day
- Last Day of Term 3
- Fri 16th: Staff Course Writing day

### October

- Mon 3rd: Term 4 starts
- Mon 3rd to Fri 7th: Unit 3/4 trial exams
- Wed 12th Student Leaders assisting with Friends in Common
- Tues 18th: Immunisation
- Thurs 19th: Last day for Year 12
- Wed 26th: VCE Exams begin
- Wed 26th to Fri 28th: Year 8 Camp
- Mon 31st Staff Correction Day, student free

### November

- Tues 1st Melbourne Cup student free
- Fri 11th Remembrance Day Assembly
- Mon 14th to Fri 18th Unit 2 VCE/VET exams
- Wed 16th to Fri 18th Year 10 exams
- Thur 17th Year 12 Graduation



## Sacred Heart College Term Calendar 2023

### TERM ONE

Australia Day (Public Holiday)  
Staff commence (no students)  
Term 1 begins for Years 7 & VCE students  
Term 1 begins for Years 8 to 11 students  
Labour Day (Public Holiday)  
Term 1 concludes  
Good Friday (Public Holiday)  
Easter Monday (Public Holiday)

Thursday, 26 January  
Friday, 27 January  
Tuesday, 31 January  
Wednesday, 1 February  
Monday, 13 March  
Thursday, 6 April  
Friday, 7 April  
Monday, 10 April

### TERM TWO

Term 2 begins (all staff & students)  
ANZAC Day (Public Holiday)  
Queen's Birthday (Public Holiday)  
Term 2 concludes

Monday, 24 April  
Tuesday, 25 April  
Monday, 12 June  
Friday, 23 June

### TERM THREE

Term 3 begins  
Term 3 concludes

Monday, 10 July  
Friday, 15 September

### TERM FOUR

Term 4 begins  
Student free day  
Melbourne Cup Day (staff and students)  
Term 4 concludes (students)  
Staff conclude

Monday, 2 October  
Monday, 6 November  
Tuesday, 7 November  
Friday, 8 December  
Friday, 15 December

Have you updated your Simon app?



[Sacred Heart College](https://www.shcy.vic.edu.au)  
30 Witt Street  
PO Box 286  
Yarrawonga Vic 3730  
Telephone: 03 5742 1300  
Email: [info@shcy.vic.edu.au](mailto:info@shcy.vic.edu.au)  
web: [www.shcy.vic.edu.au](https://www.shcy.vic.edu.au)



## Student Absences

If your child is absent from school, please phone the College Administration on:

**03 5742 1300**

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.



# COMMUNITY EVENTS/INFORMATION

Sacred Heart College proudly support community events. If you have any events you would like to share, please email flyer/information to [info@shcy.vic.edu.au](mailto:info@shcy.vic.edu.au)

Club Mulwala, Yarrawonga Mulwala  
Agricultural Show 2022



**Yarrawonga - Mulwala  
Agricultural Show 2022**

**Show  
Ambassador  
2022**

Senior - 20 30 yr olds  
Junior - 16 19 yr olds  
Male and Female

**Overview:**

Are you involved in our local community and want to help others, have a strong sense of self, then this could be you.

**QR Code for Entry Requirements**



**Show Date:**  
Friday 30th September  
Saturday 1st October 2022

[ymsow3730@gmail.com](mailto:ymsow3730@gmail.com) [www.ymsow.com.au](http://www.ymsow.com.au)





**Looking for Work???**

**Pentarch Pty Ltd - Oaklands**

Employment Opportunities for School Leavers & Current Students

Full & Part Time Production Staff Positions Available  
38 Hour Week with an early finish on Fridays

Ideal for School leavers seeking full time employment or gap year opportunities  
Positions also available for School Students during school holidays

**Duties:**  
Working within a supportive team environment, duties may include but are not limited to:

- Factory and warehousing-based tasks
- Production line work
- Operating machinery

**Key Attributes**

- Must be over 16 years of age
- Reliable and hard working
- Fit and healthy for manual labour

To apply, please submit resumes or expression of interest to: [admin@pentarch.com.au](mailto:admin@pentarch.com.au)  
Or call Lisa on: [021 6035 4422](tel:02160354422)



MHA is a not-for-profit organisation that has been providing high quality home and community care services across the Moira Shire and surrounding districts.

Due to growth and industry demand, we are looking for PCA's and Home Care Workers (Cleaners) throughout Shepparton and Moira regions.

- School Hours
- Options to Upskill
- Salary Packaging Available

For my information or to apply please send a cover letter and resume to: [hr@mhacare.org.au](mailto:hr@mhacare.org.au)

**MHA Care**

**We're  
looking  
for you.**

*Call us now!*

**ANXIETY SUPPORT GROUP**

**Cost: Optional Gold Coin Donation**  
**Ring us to find out more**  
**EVERY TUESDAY**


Anxiety is something all humans experience at times. It can range from short term to long term, slightly stressful to hugely challenging, specific to general, and can include worry, tension, panic, avoidance, phobias, compulsive or obsessive thoughts or actions. Good news: whatever the type, people definitely can, and do, manage and recover from anxiety, to live the life that is meaningful for you. Part of that recovery, for lots of people, is knowing that you are not alone, that others are coping with similar things, and that you have a chance to listen, or to talk, with people who understand.

A support group for people who experience any type of anxiety, and/or their friends or family is held, at the Women's Centre. We welcome anyone identifying as a woman, 16 years or over. The group is held every **Tuesday from 1:30pm to 3pm, at 526 Swift St, Albury**. Cost is an optional gold coin donation, to contribute to tea, coffee & biscuits. The group facilitator is Cassily Charles, counsellor at the Women's Centre.

We plan to have some laughs as well as sharing experiences, and you are welcome to just come and listen. The group size is expected to be a maximum of 10 people each time, and can often be smaller. There is no need to register, but you are welcome to let us know you are coming, or to ask any questions, by phoning 02 6021 5773 or emailing [administration@womenscentre.org.au](mailto:administration@womenscentre.org.au).

**WHEN:** Tuesdays 1.30pm to 3pm 526 Swift Street Albury 2640

**WOMENS CENTRE FOR HEALTH & WELLBEING**  
**526 SWIFT STREET ALBURY NSW 2780**  
**(02) 6021 5773**  
**WWW.WOMENSCENTRE.ORG.AU**



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## Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join, participants must:

- ✓ Have a current health care card **OR** pensioner concession card
- ✓ Be studying yourself **OR** have a child in school
- ✓ Have regular income from work, yourself **OR** your partner

For full eligibility requirements, speak to a Saver Plus Coordinator.

Here are some of the school costs the \$500 can be used for:



For more information, please contact Saver Plus:

✉ [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)

🌐 [saverplus.org.au](http://saverplus.org.au)

☎ 1300 610 355

📘 @SaverPlusAU

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

## Need help with school costs?



Join this info session to learn how you can receive up to \$500 in matched savings by completing the Saver Plus program.

Eligibility criteria applies - visit [saverplus.org.au](http://saverplus.org.au)

### Your invitation to learn about Saver Plus

Free financial education and matched savings are within your reach.

As someone who is over 18 years, do you:

- Have a desire to save money?
- Want to receive up to \$500 once you've saved \$500 of your own?
- Want to gain quick and easy saving and money management tips?
- Have a Health Care or Pensioner Concession Card and an eligible Centrelink payment?
- Have a form of household income?
- Have a child at school, starting next year or are you studying yourself?

If you answered yes to these questions, join our virtual information session.

**Every Wednesday at 1:00PM**

Contact Rick Pemberton Saver Plus Coordinator via [rpemberton@berrystreet.org.au](mailto:rpemberton@berrystreet.org.au)

Rick will email your calendar invitation or organise an individual information session to suit your needs. Otherwise, just jump right in using the following link. See you there!

#### Join Zoom Meeting:

<https://berrystreet.zoom.us/j/96038747979?pwd=Sk4kMHAxTUFJb2lwSTFKRjNhOQpVUT09>

Meeting ID: 960 3874 7979

One tap mobile:

+61280156011, 96038747979# Australia  
+61370182005, 96038747979# Australia



Free webinar

**Popular apps**

eSafetyparents



**Learn about TikTok, Instagram, Snapchat and YouTube to help your children stay safe online.**

Join eSafety's expert education and training team for a **FREE** live webinar designed for parents and carers of young people aged 8 to 13.

It will include case studies, research and targeted advice so you can support the young people in your life to have safe, enjoyable online experiences.

**Dates:** (Australian Eastern Standard time)

**Monday 1 August:** 12:30 to 1:30 pm

**Tuesday 16 August:** 7:30 to 8:30 pm

**Thursday 25 August:** 12:30 to 1:30 pm

**Register now:** [esafety.gov.au/parents/webinars](http://esafety.gov.au/parents/webinars)



eSafetyCommissioner

[esafety.gov.au](http://esafety.gov.au)

Free webinar

eSafetyparents



## Online sexual harassment and image-based abuse

**Help your teens stay safe by learning how to deal with online sexual harassment and image-based abuse.**

Join eSafety's expert education and training team for a **FREE** live webinar designed for parents and carers of young people aged 13 to 18.

**Dates:** (Australian Eastern Standard time)

**Monday 5 September:** 12:30 to 1:30 pm

**Wednesday 7 September:** 7:30 to 8:30 pm

**Register now:** [esafety.gov.au/parents/webinars](http://esafety.gov.au/parents/webinars)



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[esafety.gov.au](http://esafety.gov.au)

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