

SACRED HEART COLLEGE YARRAWONGA

SEMPER FIDELIS ISSUE 2 2022

On the cover...

Space Dome Incursion

PRAYER

St Francis' Peace Prayer
Lord make me an instrument of your peace.
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness, joy.
O divine master grant that I may
not so much seek to be consoled, as to console
To be understood, as to understand.
To be loved, as to love.
For it's in giving that we receive.
And it's in pardoning that we are pardoned.
And it's in dying that we are born...
to eternal life.
Amen



A MESSAGE FROM THE PRINCIPAL



Sandhurst Leadership Gathering

This event was held on Wednesday, 23rd February, and due to the uncertainty on large gatherings was held remotely. The theme for Sandhurst education is "Tell the Good News" which is very timely as we emerge from the fog that the pandemic has produced. Fr Steve Bohan spoke to the large assembly of changes and innovations he has witnessed during his time as parish priest. He also spoke of the need for the parish and school to work together to evangelise the young people in our care.

Staff Professional Learning Day

On Monday, 21st February, staff gathered in the new staff aea for the first time for professional development. The College welcomed Louise Levy and Michael Chisholm from CES Ltd who led the staff in a session on Aboriginal spirituality. The majority of the day was focused on the College's Literacy project, specifically teaching vocabulary using a common instructional model across all subject areas. It was fantastic to see staff sharing their wisdom and experience and it was a very productive day. A big thank you to English Leader, Ms Tess Macrae, for all the work and research she has invested in this important project.

Mercy Award

At the end of last year current Year 12 student, Charli Head, received the Mercy Award. This significant award is presented to a student who exemplifies the Mercy values in their day to day life. These values include Compassion, Justice, Respect, Hospitality, Service and Courage. This is a great achievement by Charli as she embarks on her final year at the College.

Lew Nagle



ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.



SPACE DOME

Planetarium Incursion

All students from Year 7 and 8 were able to finally experience the traveling Space Dome. This dome enabled the students to investigate the earth and moon in space to reinforce concepts covered in our science program.

Thai's excellent interaction projected fantastic images and movies up onto the dome roof for all to enjoy.

Michael Falkiner



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VCE OUTDOOR ENVIRONMENTAL STUDIES

Above: Denver, Ruby, Jess and Lilah at the Yarrawonga Yacht Club

In 2022 we are offering the VCE subject Outdoor and Environmental Studies at Sacred Heart. With a fantastic local environment for outdoor experiences, this is an exciting opportunity to develop this subject as an option for our students into the future. In Unit 1 students are studying topics such as Motivations for Outdoor experiences, Types of Outdoor environments, Safe participation and reflecting on Outdoor experiences. So far students have participated in cycling and this week we went kayaking on Lake Mulwala. Other ventures planned for the year include a camp at Torquay, walking through the Warby Ranges, snow skiing and an overnight hike in the Alps.

If any student or parent would like more information about this subject please contact Mr. Geary at the College.

SCHOOL WIDE FOCUS ON LITERACY

This year we have started a school wide focus on literacy at SHCY. This has grown out of the understanding that literacy and language is foundational to all learning experiences, and the more we can do to give our students a solid foundation in reading, writing and speaking, the better off they will be in both school and later in life.

All of our staff are undergoing professional development to develop their teaching of literacy within their subject area, and so that we have a shared approach across year levels and classes. This semester, we have a focus on vocabulary, and will be working with students in classes to ensure they understand key terms and can apply them with confidence.

Students in Year 7 and 8 have classes once a cycle where they are working on their literacy skills, as well as having time to develop their personal reading skills in the library. All Year 9 and 10 students will be doing testing to work out areas for growth, and then will access targetted small group teaching in areas they need support in.

It's an exciting time for the school, and we look forward to letting you know how it progresses.

Tess Macrae

UPCOMING DATES

25th February

SHC Swimming Carnival

28th Feb to 2nd March

Year 7 Camp

1st March

Shrove Tuesday

2nd March

O & M Swimming and Ash Wednesday

Liturgy

3rd March

Ethical Student Leaders Training Day

4th March

Yr 10 Hums/English excursion to the

Holocaust Centre in Melbourne

7th to 9th March

Year 12 Retreat

7th March

Live4Life meeting

11th March

College photos

14th March

Public Holiday

REMINDERS

Absences / Late arrivals

Please contact the college office for all absences, or for late arrivals/early departures. It is a legal requirement that all absences are explained and recorded.

PAM Portal

Families are reminded to log in to PAM accounts on a regular basis. All general information and daily notices including excursion permissions are accessible on this portal.

If you have difficulties logging into your account, please contact administration.

Drop off / Pick up points

Bus students - Murphy St only.

Walkers & car pickup/drop off - Coghill St only.

Ph: 03 5742 1300

E: info@shcy.vic.edu.au

FOLLOW US ON



ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.

ONSITE VISITORS

All visitors to Sacred Heart College, must enter the grounds via the Administrative Building in Witt Street. No exceptions will be made.

Visitors are required to sign in using the College Passtab system which is located in the foyer. Your photo will be taken and you will be required to provide a copy of your vaccination certificate. This complies with the Victorian Government policies and procedures for onsite visitors to schools.

If you are unable to provide this information and would like to book a meeting with a staff member, the College is happy to arrange an alternative for you. This may take the form of a zoom meeting or phone call. Please contact the College if you have any questions. Your cooperation is appreciated.

SMART WATCHES

As some of our school students are now wearing smart watches, it is important that we outline the expectations of their use. Apart from the function of telling the time, students should not be engaging with their smart watches while at school. As notifications can be a distraction for students, and those around them, we ask that notifications be turned off during school hours. Like mobile phones, if students are using their smart watches inappropriately, they will be confiscated and held at the School Office until the end of the day. Parents will be notified should this occur. Smart watches will have to be removed for classroom tests, and later in the year, for exams. We thank parents for their support with this matter.

Cameron Byrne

BE BUS AWARE

NSW has one of the largest metropolitan bus fleets in Australia. Almost 4000 buses operate in the Sydney area, while another 1000 buses service the Newcastle, Wollongong and Blue Mountains areas. Passengers take more than 300 million trips on buses throughout NSW each year. In addition, more than 3000 bus services operate in rural and regional NSW.

- Adults - always hold your child's hand
- School-aged children might seem independent, but they still need a hand around traffic. Remember:
- Always meet your child AT school or the bus stop. NEVER wait on the opposite side of the road and call them across
- Until they are at least 10 years old, always supervise your child and hold their hand when walking to and from the bus stop or interchange and when crossing the road
- Wait until the bus has gone then use a safe place to cross the road.

Pedestrians

Pedestrians are our most vulnerable road users and they make up around a half of all fatalities from bus crashes in metropolitan areas. To stay safe on and around buses, pedestrians should:

- Plan ahead and don't rush for the bus
- Obey traffic lights and cross with care
- Avoid being distracted by mobile devices
- Stand back from the kerb when waiting for a bus.



CATHOLIC IDENTITY

Caritas Project Compassion 2022

Kerry Stone writes to Sandhurst Schools, 'our world continues to be challenged by the ongoing effects of COVID-19, as well as political upheaval, issues of climate justice, poverty and famine. Our media has been an inescapable reminder of the state of the world and, as a result, many of us left 2021 feeling drained and fatigued. Nevertheless, we are people of faith, of hope, of optimism.'

The theme of Project Compassion 22 is "For all generations" reminding us that the good we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together now and finding long-term solutions to global issues.

The theme comes from the biblical story of Noah's Ark. More specifically, when the flood waters subsided, a rainbow appeared in the sky and the dove returned with an olive branch indicating a new beginning. God said, 'This is the sign of the covenant that I make between me and you, and every living creature that is with you, for all future generations' (Genesis 9:12).'

Project Compassion begins with Shrove Tuesday and Ash Wednesday on Tuesday 1 and Wednesday 2 March. A gold coin for pancakes on Shrove Tuesday morning will kickstart the Project Compassion Campaign. Project Compassion boxes will be distributed to LAs across the College and donations encouraged. This is also a prayerful time and a time of solidarity where we are educated about the plight of peoples who face extreme poverty and oppression and who are suffering the impacts caused by climate change.

Ash Wednesday Liturgy

Wednesday 2 March will commence with an Ash Wednesday Liturgy for students and staff at Sacred Heart College. On this day we are reminded of our humanity and to become our best selves. It marks the beginning of the Lenten season leading to Good Friday and the celebration of the Resurrection of Jesus at Easter. Our challenge during the weeks of Lent is to focus on changing a habit, behaviour or attitude which will make us better people that may enhance future activities, behaviours. Year 8 Religious Education students will be finalising journals to begin a journey to 'Aspire to be More' inspired by Oscar Romero and to live the Mercy and Christian values. What will you do?

Lucienne Camenzuli



GREAT NEW READS ARE IN THE LIBRARY NOW!

[Do Something For Nothing](#)

[by Joshua Coombes 2021](#)

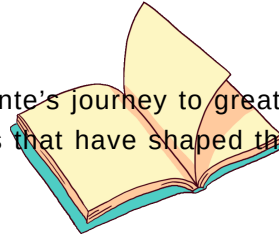
Joshua Coombes found little in school that interested him and thought he had no strengths. He was given a guitar at that time and found a new community. When he grew tired of touring, he trained to become a hairdresser. It was not as easy as he thought! In 2015 on his way home and walked past a homeless man. He had his hairdressing tools and rather than giving him some money, gave him a haircut. This became a passion, and when he started posting pictures on social media #DoSomethingForNothing was born. This book tells the stories of these people along with the photos of transformation.

[Sister Secrets](#)

[Life lessons from the Pool to the Podium](#)

[by Cate & Bronte Campbell 2021](#)

Sister Secrets features personal stories of Cate and Bronte's journey to greatness, their coping strategies at times of extreme disappointment and the highs and lows that have shaped their relationship with each other and with swimming.



[Night Ride Into Danger](#)

[by Jackie French 2021](#)

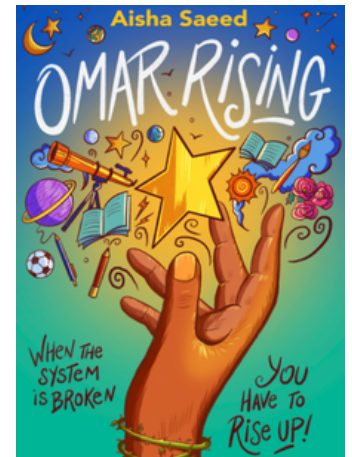
An exciting story set in 1874 about a Cobb & Co journey that does not go as planned. Young Jem has to drive the coach when his father is injured, and all of the mysterious passengers have a secret. An exciting ride that could end up deadly!

[Omar rising](#)

[by Aisha Saeed 2022](#)

Omar, the son of a servant is thrilled to get a scholarship to an elite boarding school. His excitement turns to dread when he finds out what the school wants from him in return. An exciting story about believing in yourself and fighting for justice.

Visit the Library to borrow any of these books.



Library Lovers Day

During the second week of February, while other people were celebrating Valentine's day, we celebrated Library Lovers' Day.

Our students could 'Go on a blind date with a book', which, just like a real blind date, could end well, or not so well;

They could enter the weekly 'Library Lovers' puzzle' or each day guess 'who was holding the book';

We had lots of colourings, bookmarks and love themed Origami.

Lots of chocolate was given away and some lasting 'book' relationships formed.

Bev Baird

ALWAYS BE RESPONSIBLE. ALWAYS BE RESPECTFUL. ALWAYS BE YOUR BEST.

SPORT

A massive pat on the back is due for all students after a fantastic start to the school year. Unfortunately, Year 7 & 8 students were unable to make it to the pool for this year's swimming program due to COVID restrictions, but that hasn't prevented anyone from having a great time in their second allocated unit. The Year 7 classes have commenced Bike Ed, which always proves to be eventful, and the Year 8s have made a start on their racquet sport unit, with badminton being the point of interest early on.

Sport-specific electives are now in full swing, with new additions such as multi-sport and golf in the coming weeks. Students in Mr Sudholz's Year 10 Lifestyle class are experiencing what it's like behind the wheel as a sports teacher, running their own mini-sessions in class.

With the warm weather showing no signs of easing up, it is highly advised that students utilise appropriate sun protection, with hats on at all times whilst outside. Also, students are reminded to be respectful of the sporting equipment provided by the school, as although the school year has just started, multiple pieces of equipment have been found out on the yards after recess and lunch.

A reminder for the swimming carnival this Friday. All students are expected to attend on the day. Bring your hat, drinks, food and sunscreen and we look forward to a day filled with fun events.

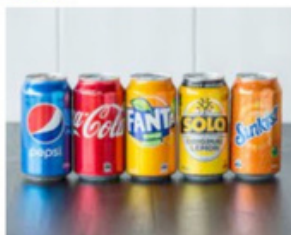
Ethan Stephens - Sports Trainee



Sacred Heart College
Swimming Carnival 2022
BBQ

Friday 25th Feb

Soft drink	\$2
Icy poles	\$1
Hamburgers	\$3
Water	\$1
Sausages	\$2



WELLBEING LINKS

E: wellbeing@shcy.vic.edu.au
Ph: 5742 1300

Headspace:
headspace.org.au /
ehespace.org.au / 1800 650 890

Beyond Blue:
beyondblue.org.au / 1300 22 4636

Kids Help Line:
kidshelp.com.au / 1800 55 1800

GriefLine Community & Family Services:
griefline.org.au

Lifeline:
lifeline.org.au

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COMMUNITY EVENTS/INFORMATION

Sacred Heart College proudly support community events. If you have any events you would like to share, please email flyer/information to info@shcy.vic.edu.au

information

referral

family violence
relationships
mental health
suicide prevention
sexual assault
COVID-19
all ages support

support

Rainbow door
is connecting
the **LGBTIQA**
community to
support services
~~they~~ **we need**

Call.
Text.
Email.

support.information.referral

1800 729 367

0480 017 246

support@rainbowdoor.org.au

10am - 6pm
7 days a week

► rainbowdoor.org.au



Parent and carer webinars

2022

2022 schedule

eSafety's free webinars provide parents and carers with the knowledge, skills and tools to support children to have safe, positive online experiences.

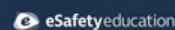
Our live webinars for parents and carers attracted record attendance numbers in 2021. To meet the growing demand, our education and training team is expanding the program in 2022 to include more dates and topics to support school communities.

Each month, we will present either a new webinar topic or a video with simple tips to keep young people safe online.

2022 Parent and carer education topic schedule

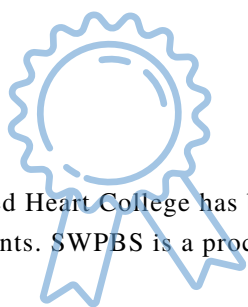
January Can't make it to a webinar? You can watch this short video on Cyberbullying and online drama . (Suitable for parents and carers of young people aged 11 to 18 years old).	February Webinar: Helping kids thrive online (Suitable for parents and carers of young people aged 5 to 12 years old). 8th February – Safer Internet Day 2022 #SID22	March Webinar: Cyberbullying and online drama (Suitable for parents and carers of young people aged 11 to 18 years old).
April Can't make it to a webinar? You can watch this short video on Online, sexual harassment and image-based abuse . (Suitable for parents and carers of young people aged 13 to 18 years old).	May Webinar: Parental controls (Suitable for parents and carers of young people aged 4 to 13 years old).	June Webinar: Online gaming (Suitable for parents and carers of young people aged 13 to 18 years old).
July Can't make it to a webinar? You can watch this short video on Parental controls . (Suitable for parents and carers of young people aged 4 to 13 years old).	August Webinar: Popular apps (Suitable for parents and carers of young people aged 13 to 18 years old).	September Webinar: Online sexual harassment and image-based abuse (Suitable for parents and carers of young people aged 13 to 18 years old). National Child Protection Week #NCPW22
October Webinar: Digital technologies and mental health (Suitable for parents and carers of young people aged 10 to 18 years old).	November Webinar: Guide to the holidays (Suitable for parents and carers of young people aged 8 to 13 years old).	December It's December! You can check out our annual Gift Guide here.

Subscribe to **eSafetyNews** for dates and registration details or visit esafety.gov.au/parents/webinars.



esafety.gov.au

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POSITIVE BEHAVIOUR AWARDS

Sacred Heart College has begun implementing SWPBS – School Wide Positive Behaviour Supports for our secondary students. SWPBS is a process for creating safer and more effective schools.

We have adopted a unified set of expectations. Our expectations of "Always Be Responsible", "Always Be Respectful" and "Always Be Your Best" inform how we talk about and teach the behaviour we wish to see in our College.

ALWAYS BE RESPONSIBLE	ALWAYS BE RESPECTFUL	ALWAYS BE YOUR BEST
Whole School: <ul style="list-style-type: none">• Leave no trace• Wear correct uniform In the Classroom: <ul style="list-style-type: none">• Be punctual• Prepared and organised for class• Look after personal and school resources• Meet due dates In the Yard: <ul style="list-style-type: none">• Keep lockers secured• Be sunsmart• Report safety concerns In the Community: <ul style="list-style-type: none">• Think before you post• Think before you act	Whole School: <ul style="list-style-type: none">• Use positive and friendly language In the Classroom: <ul style="list-style-type: none">• Actively listen• Allow others to succeed• Follow instructions In the Yard: <ul style="list-style-type: none">• Respect others individual personal space• Follow yard duty teacher instructions In the Community: <ul style="list-style-type: none">• Be polite and accepting• Respect rules and laws	Whole School: <ul style="list-style-type: none">• Know your impact In the Classroom: <ul style="list-style-type: none">• Be solution focused• Be prepared to have a go• Remain on task• Embrace mistakes In the Yard: <ul style="list-style-type: none">• Be inclusive In the Community: <ul style="list-style-type: none">• Volunteer willingly• Promote our College

ACKNOWLEDGEMENT

We acknowledge and pay respect to the peoples of the Yorta Yorta Nation, including the eight clan groups, as the traditional and ongoing custodians of the land on which we gather today and we recognise that it continues to be sacred to them. We Hail them: As guardians of the earth and of all things that grow and breed in the soil; As trustees of the waters – the seas, the streams and rivers, the ponds and the lakes and the rich variety of life in those waters.

COMMITTMENT TO CHILD SAFETY

Sacred Heart College Yarrawonga is committed to the safety and wellbeing of all students at the College. As a Catholic school, we are entrusted with the holistic education of the child, in partnership with parents, guardians and caregivers who are the primary educators of their children. Sacred Heart College will implement the ChildSafe Standards to ensure the safety and wellbeing of all students at the College and promote an organisational culture that manages the risk of child abuse and neglect.

CHILD SAFE STANDARDS

All schools in Australia are mandated to comply with the eight Child Safe Standards. The standards are in place to keep your children safe. In order for us at Sacred Heart College to comply, it is imperative that we know who is on site between 8.30am and 3:30pm, the reason for their visit and how long they will be on site for. As such, any visitor to our school (including parents, volunteers and trades people), must enter via the front Administration Office and sign in and cannot simply enter any of the learning areas before doing so. Please do not be offended if a staff member asks you the reason for your visit or if you have signed in. This is for the safety of all children. If you have any queries, please feel free to contact the College.

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