

NOVEMBER 2021 ISSUE 16

SEMPER FIDELIS

SACRED HEART COLLEGE YARRAWONGA VIC 3730

Ph: 03 5742 1300 Email: info@shcy.vic.edu.au

www.shcy.vic.edu.au



REFLECTION

The Beatitudes

Matthew 5: 1-12

How blessed are the poor in spirit:
the kingdom of Heaven is theirs.

Blessed are the gentle:

they shall have the earth as inheritance.

Blessed are those who mourn:

they shall be comforted.

Blessed are those who hunger and thirst for uprightness:

they shall have their fill.

Blessed are the merciful:

they shall have mercy shown to them.

Blessed are the pure in heart:

they shall see God.

Blessed are the peacemakers:

they shall be recognised as children of God.

Blessed are those who are persecuted in the cause of uprightness:

the kingdom of Heaven is theirs.

Blessed are you when people abuse you and persecute you and speak all kinds of calumny against you falsely on my account. Rejoice and be glad, for your reward will be great in heaven; this is how they persecuted the prophets before you.

CONTENTS

REFLECTION

CATHOLIC IDENTITY

PRINCIPAL'S REPORT

HEADSTART

YEAR 12 UPDATE

KEY DATES

CHILD SAFETY STANDARDS

CATHOLIC IDENTITY

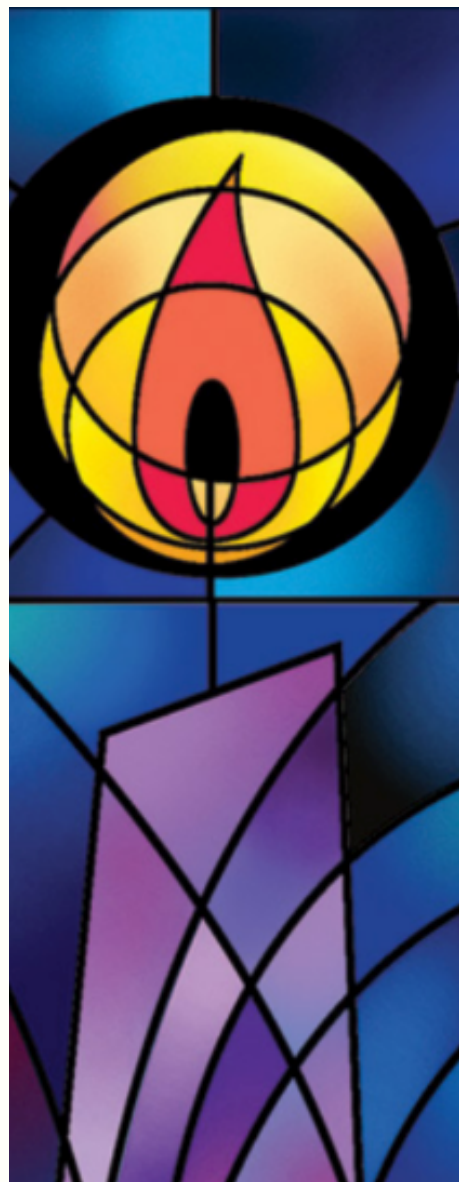
LUCIENNE CAMENZULI

This month of November, as we prepare for Advent, appeals to us to examine ourselves, reflect on the gifts of others and engage in prayer. It begins with All Saints and All Souls Days, when we reflect upon and pray for the many who have died and who have contributed to improving our world. On November 11, on the date of Armistice, we formally observe Remembrance Day and gratefully pray for all persons who sacrificed their lives for peace and freedom. Some may consider these days of reflection and ceremony as morbid or archaic. However, when we consider the choices and actions undertaken in the lives of persons in our collective or personal past, whether they be Saints, service men and women, or significant persons; we become acutely aware of what made them special and worth commemorating. They may have sacrificed their lives for a cause, shown courage in their convictions in the face of adversity, or perhaps they were the arms of compassion, love and solace. 'The Beatitudes' in this Newsletter's Prayer Reflection illuminate the virtues and qualities for all to choose to practice, taught to us by Jesus himself.

Annually, we are given this opportunity to bring to consciousness, our own call to contribute to the betterment of our world and all we share it with, taking into account the valuable models.

On the 11 November, as members of the Mercy Community, the Sacred Heart College community remembers Catherine McAuley, the foundress of our Mercy Charism.

We are encouraged to join with world Mercy members to pray in remembrance.



PRINCIPAL'S REPORT

LEW NAGLE

Remembrance Day

This week on Thursday we will once again pause to remember those who paid the ultimate sacrifice so that we can enjoy our freedom and lifestyle today. This year, the College will be represented by 2022 College Captains, Mia and Ethan, at the 11am service at the Memorial Wall at Club Mulwala. In addition, middle school student leaders will be representing the College at the Yarrawonga Cemetery at 9.30am for a ceremony unveiling plaques that have been placed on return servicemen's graves.

High Commendation

Congratulations to Year 11 student Jess Mangan, who has been recognised with a Highly Commended Award through the Australian Business Council Network's Accelerate program. The commendation is one of only 25 awarded nationally each year and will provide Jess with mentoring as well as \$500 to go towards educational expenses. This is a fantastic achievement as the awards are highly competitive and underlines the quality of Jess' application.

Early Entry

As our Year 12 students enter their final exams this week, we were delighted to hear that 7 of our students have received early entries to university courses next year. These offers were made on the basis of their results from 2020 as well as the quality of their work habits.

College Captain, Annie Robilliard, has been offered a position at ACU Ballarat for the double degree of Bachelor of Nursing and Bachelor of Paramedicine. College Vice Captain, Sarah Binnie, has been guaranteed a position at Charles Sturt University studying a Bachelor of Veterinary Technology. Isaac Andrews has also been guaranteed a place studying a Bachelor of Science at Charles Sturt University. This is a wonderful achievement and a real testament to the students' hardwork and dedication over what has been 2 immensely challenging years. We wish all of our students the best as they approach the conclusion of their secondary education at the College. We look forward to celebrating their achievement on November 18 at the Yarrawonga Mulwala Golf Club Resort.

They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the
sun and in the morning
We will remember them.





YEAR 12 UPDATE

RICHARD GEARY

Our Year 12 students are nearing the completion of their exams. They are to be commended for their application over the last couple of weeks where they have come into school on a regular basis to use the study rooms and access their teachers.

Next Thursday, 18th November, they will attend their graduation at the Golf Club where they will have photos, participate in a liturgy, share a meal and receive their certificates and subject awards.

We wish the Yr 12s all the best as they enter their final week at Sacred Heart.

HEADSTART

The Headstart program is a compulsory early commencement program for students entering Year 11 and Year 12 at the College in 2022 (both the VCE and VCAL Pathways) and for students who are accelerating into a VCE/VET subject whilst in Year 10 in 2022. It commences on the 23rd of November and concludes on the 8th of December. Students begin their 2022 courses of study and the knowledge and skills taught are assessable. It helps support students to successfully transition to the next year level and students will have reading, study and tasks to complete over the break in preparation for next year.

It is important that during this transition process that students communicate with their Learning Advisors and Year Level Leader especially if they have questions or concerns about their course of study. Any changes to student subjects must be sought, approved and finalised by the 6th of December in order to enable the best possible start to 2022.

Fleur Linehan

Deputy Principal Learning and Professional Practice





KEY DATES

November

Thursday 11th:

Remembrance Day

Monday 15th to 19th:

Year 10 and Unit 2 exams

Thursday 18th:

Year 12 Graduation Dinner

Monday 22nd:

Correction Day, student free

Tuesday 23rd:

Headstart

Wednesday 24th:

Shave to Save fundraiser

Tuesday 30th:

Grade 6 Transition session

December

Thursday 2nd:

Grade 6 Transition session

Tuesday 7th:

Grade 6 Orientation Day

Wednesday 8th:

Last day for all students



Sacred Heart College, Unit 2 Exam Timetable 2021

Day	Session 1	Session 2
Monday 15/11	9:00-10:40 English English Language	11:30-1:00 Physical Education, plus Ethan Lay PE Media Plus Jess Demaio General Maths 11.30-1.00 And Charli Head HHD 11.30-1.00 Plus Amy Barnes and Steph Munro, Methods 1 11.30-1.00
Tuesday 16/11	9:00 -10.30 Maths Methods Exam 1 General Maths Exam 1	11:30 - 1:00 Chemistry Health and Human Development
Wednesday 17/11	9:00 - 10:30 Maths Methods Exam 2 General Maths Exam 2 Plus Jess Mangan, Mia McCully, Brooke Knight Chemistry 9-10.30	11:30-1:00 Psychology Studio Arts VET Sport and Rec. VET Business Plus Amy Barnes and Steph Munro, Chemistry 11.30-1.00

Thursday 18/11	9:00 - 10:30 Legal Studies Biology Plus Hayley Webster Gen. Maths 9-10.30	11: 30 - 1:00 Industry & Enterprise VET Engineering
Friday 19th	Exam Catch up day for any exams missed. No Formal classes held at school but students studying a Unit 3/4 can use this time to study at school or home	

- If there is an exam clash between a VCAA Unit 3&4 external VCAA exam and a Unit 2 school based exam the VCAA exam takes precedence and the student is to see the VCE Coordinator (Mr.Geary) to reschedule their school based exam.
- All unit 2 subjects VCE/VET scored subjects will have an exam.
- Year 11 VCE students will only be required to attend school when they have an exam.
- Each exam will be conducted under VCAA exam conditions. See details on the link below:
- <https://www.vcaa.vic.edu.au/Pages/vce/exams/examsrules.aspx> (except that students must stay for the fully allotted time.)
- All exams will be held in SA5&SA6. Face masks must be worn at all times.
- Students must arrive 15 mins prior to your scheduled exam start time so the exam can start on time.
- Students on work placement must organise to get time off for the exam or reschedule the exam/s with the VCE Coordinator.
- Students may wear casual attire that is appropriate for exams.
- Students may not leave the exam room until the end of the total duration time for the exam and only under the direction of the supervisor.
- VCAL students will attend classes as normal where they don't have an exam scheduled

3 Ways to Talk Yourself Up

Here are some ways to help change the direction of your self-talk



1.

Listen to what you are saying to yourself



Notice what your inner voice is saying



Is your self-talk mostly positive or negative?



Each day, make notes on what you're thinking



2.

Challenge your self-talk



Is there any actual evidence for what I'm thinking?



What would I say if a friend were in a similar situation?



Can I do anything to change what I'm feeling bad about?



3.

Change your self-talk



Make a list of the positive things about yourself



Instead of saying: 'I'll never be able to do this', try: 'Is there anything I can do that will help me do this?'



ACKNOWLEDGEMENT

We acknowledge and pay respect to the peoples of the Yorta Yorta Nation, including the eight clan groups, as the traditional and ongoing custodians of the land on which we gather today and we recognise that it continues to be sacred to them. We Hail them: As guardians of the earth and of all things that grow and breed in the soil; As trustees of the waters – the seas, the streams and rivers, the ponds and the lakes and the rich variety of life in those waters.

Commitment to Child Safety

Sacred Heart College Yarrawonga is committed to the safety and wellbeing of **all** students at the College. As a Catholic school, we are entrusted with the holistic education of the child, in partnership with parents, guardians and caregivers who are the primary educators of their children. Sacred Heart College will implement the ChildSafe Standards to ensure the safety and wellbeing of all students at the College and promote an organisational culture that manages the risk of child abuse and neglect.

Child Safe Standards

All schools in Australia are mandated to comply with the eight Child Safe Standards. The standards are in place to keep your children safe. In order for us at Sacred Heart College to comply, it is imperative that we know who is on site between 8.30am and 3.30pm, the reason for their visit and how long they will be on site for. As such, any visitor to our school (including parents, volunteers and trades people), must enter via the front Administration Office and sign in and cannot simply enter any of the learning areas before doing so. Please do not be offended if a staff member asks you the reason for your visit or if you have signed in. This is for the safety of all children. If you have any queries, please feel free to contact the College.

