# Semper Fidelis



Sacred Heart College Yarrawonga Vic 3730 Ph: 03 5742 1300 www.shcy.vic.edu.au info@shcy.vic.edu.au Issue 1 February 2021

We acknowledge and pay respect to the peoples of the Yorta Yorta Nation, including the eight clan groups, as the traditional and ongoing custodians of the land on which we gather today and we recognise that it continues to be sacred to them. We Hail them:

As guardians of the earth and of all things that grow and breed in the soil;

As trustees of the waters – the seas, the streams and rivers, the ponds and the lakes and the rich variety of life in those waters.

#### **Commitment to Child Safety**

Sacred Heart College Yarrawonga is committed to the safety and wellbeing of all students at the College. As a Catholic school, we are entrusted with the holistic education of the child, in partnership with parents, guardians and caregivers who are the primary educators of their children. Sacred Heart College will implement the Child Safe Standards to ensure the safety and wellbeing of all students at the College and promote an organisational culture that manages the risk of child abuse and neglect.

#### **Child Safe Standards**

All schools in Australia are mandated to comply with the eight Child Safe Standards.

The standards are in place to keep your children safe. In order for us at Sacred Heart College to comply, it is imperative that we know who is on site between 8.30am and 3:30pm, the reason for their visit and how long they will be on site for. As such, any visitor to our school (including parents, volunteers and trades people), must enter via the front Administration Office and sign in and cannot simply enter any of the learning areas before doing so. Please do not be offended if a staff member asks you the reason for your visit or if you have signed in. This is for the safety of all children. If you have any queries, please feel free to contact the College.

Prayer for the Start of the School Year 2021

#### **Gracious God**

We come to you at the beginning of this school year with our many feelings, expectations, fears and hopes.

Help us to remember, however, we have the comforting assurance from you with whatever we have to face: "I will always be with you."



Loving God, for all of us this is a time of transition. It is

transitionfrom the work and leisure of school holidays back to the classroom. It is transition from time spent with family and friends.

Give us patience with ourselves as we transition as well as patience with one another.

Faithful God, this beginning is totally new for some of us new to the school or the area. Let them have openness to make new friends and embrace opportunities.

God, let us build a quiet confidence in our studies. Give us a new perspective to see persons, events, and learning as an invitation to develop the many gifts and talents you have given us to be used in service for others. Especially our Year 12 students as they move into their final year. Give them the gift of discernment to make the right choices about the future.

We ask this through Christ our Lord.

#### From the Principal Lew Nagle

#### **Welcome back**

It was great to welcome back all of our students, especially our new Year 7 students who have had a wonderful start supported by our Year 12 students. We also welcome our new staff to the College: Mr Jacob Adkins, Ms Claire Trewarne, Mr Brennan Mills, Ms Kate German, Miss Sophie James, Ms Georgie Bruce, Mrs Bron Nagle, Mr Michael Ross and Ms Kellie Wright

We welcome all new members of our Sacred Heart community with the Mercy Value of Hospitality and wish them all the best for a great year ahead.

#### **Mercy for our Common Home**

At the first College full school assembly the theme for 2021 was launched. The theme is the 8th Work of Mercy, Care for Our Common Home. This is very timely for Sacred Heart College as it ties in beautifully with the great work that our Year 9 students completed last year developing the Sustainability Garden and the Stewardship units that all of our middle school students have completed.

#### **Outstanding Achievement**

Congratulations to Year 12 student Josh McInness pictured below, with his outstanding achievement of a perfect score in Units 3 & 4 Engineering. This is a fantastic effort and thoroughly deserved. It was also great to hear of the destinations of our Year 12 graduates who did an amazing job in a challenging year. Careers in Biomedicine, architecture, nursing and teaching featured prominently at a range of universities in Victoria and interstate.

A big thankyou to our Careers Adviser, Mrs Loretta Casey who assisted the students with their pathway, making herself available throughout the holidays.







Top left: Joshua McInness

Top right: Sarah Binnie and Tess McNamara

#### Left:

During the Summer break, Year 10 student Liam Williams produced excellent results in a number of tennis tournaments in the region. Liam won the Mixed Doubles at Numurkah, Doubles at Wodonga and Singles at Albury. All tournaments were part of the U16 Silver Tournament series.

#### **Guitar and Vocal Lessons**

Private guitar and vocal lessons are available at the College. Past students, Boyd Preston, (guitar) and Keryn Walters (vocal) are offering 30 minute lessons at a cost of \$25 a session. If you would like further information please contact the College.

#### **Grant Application**

The College is submitting a grant application for Round 3 of the Victorian School Building Fund. If successful the grant will assist with the refurbishment of the Wexford and Kennedy campus to provide additional science and STEM learning areas.

#### Catholic Identity & Religious Education Lucienne Camenzuli

Welcome to 2021! We have begun this school year embracing uncertainty by being grateful for any opportunity to experience normalcy. This year the Sandhurst Diocese encourages us to have 'Faith in our Future'; and our Mercy focus for the College is the '8th Spiritual Work of Mercy: Show Mercy to our Common Home'.

Pope Francis explains that: 'As a spiritual work of mercy, care for our common home calls for " a grateful contemplation of God's world." It means that we always consider our effect on all of creation through our attitudes and actions – including all elements of creation. Students through their classes across the curriculum will be introduced to ways to live in harmony with creation, supporting our Faith in Action approach to Catholic Education.

Embarking on the Year 12 Retreat to Harrietville marks the 'Faith in our Future' journey. These Senior students are symbolic of the energy and trust we place in our future generations and they will explore how their Christian Faith, Catholic and Mercy foundations shape and guide their present and future.

With Shrove Tuesday, Ash Wednesday and the Lenten season beginning in the week ahead, we are also encouraged through St Oscar Romero's example to 'Aspire to Be More.' All members of the College community are encouraged to commit to making a difference to our world through acting in selfless ways to enable equity and fundraising for peoples who are needing even the most basic of essential needs for survival.

#### **Library Lovers' Day**

Every year on February 14th we celebrate Library Lovers' Day and also Valentine's Day.

School and public Libraries offer free membership and free resources! Books, magazines, audiobooks, DVDs, links to subscription services......

Research shows that regular reading:

- Improves brain connectivity
- Increases your vocabulary and comprehension
- Empowers you to empathize with other people
- Aids in sleep readiness
- Reduces stress, lowers blood pressure and heart rate
- Fights symptoms of depression
- Prevents cognitive decline as you age
- Increases your level of income

Have a go at the Library Lovers' quiz in the Library!

Have a go at 'Blind Date' with a book in the Library, you never know how it will turn out!

Visit the school Library and join the town Library today!



#### **Sports Trainee Report** Sophie James

On Wednesday the 27th of February, the staff at Sacred Heart College came back to school to get organized for the new school year ahead, and that included myself. This year at Sacred Heart I am doing the AFL sports-ready traineeship. This gives me the opportunity to work with all years helping plan and run PE classes, health classes, boot camp, outdoor ed and even sometimes I am lucky enough to get into classes such as cooking, science, and Spanish. On the 29th of February, the Year 12 and Year 7 students returned to school. On this day, we had our first buddy system, where the Year 12s were paired with one or more of the Year 7s and helped with things such as locks, lockers and looking around the school. This gave the Year 7s the chance to get to know the oldest of the school and hopefully they felt more comfortable having that older support. At lunchtime, we were lucky enough to have one of Ms.McGeehan's famous barbeques and some games in the MPB. Monday rolled around quite quickly and the whole school was back. My first week was down and I ended it with a smile on my face.

#### VCAL Numeracy in 2021

In Numeracy this year we are exploring how we can access the sustainability garden to satisfy the VCAL Numeracy outcomes whilst enjoying the produce from the garden and giving back to the community.

The VCAL class have visited the garden on several occasions to pick produce, survey, estimate and measure the spaces within the sustainability garden and discussed the plans for the garden.

The VCAL students this year would like to collaborate with other students in the school to contribute to the sustainability garden in 2021. This work will help them to demonstrate their teamwork capabilities whilst developing student agency, preparing them for the challenges of the work environment.

The VCAL students look forward to participating in the hands-on experiences the sustainability garden provides and undertaking learning that is real, meaningful and valuable to them. Watch this space :)

#### **VET Health**

Second year VET Health students participated in a practical activity to demonstrate the effect of substances on body systems and senses.

Using the fatal Vision Goggles and a golf cart, student's completed a circuit of the course in the cart with normal vision and then a circuit with the goggles on. The specialised goggles mimic the impact of high range blood alcohol readings on people's vision and spatial awareness.







#### **Fees**

Sacred Heart College fee statements were emailed to parents/account holders last week. Please return your Direct Debit form as soon as possible so that 2021 fee payments can be processed. Fees are due by 28th February unless a payment plan has been made with the school by that date. For any fee inquiries, please contact the Finance Department at the College on 5742 1300.

#### **Face Masks**

As per the Victorian government directive, face masks must be worn by secondary school students whilst inside at school and travelling on school buses. Face masks are to be supplied by families. It is not the school's responsibility to supply face masks. Please ensure your child is carrying a face mask to school and has a spare mask.



Year 7 Laptop Rollout and and Information Evening



Year 7 students enjoying their first BBQ lunch with the Year 12s



Sacred Heart College 2021 Swimming Carnival

Friday 19th February
Families are invited to come along and enjoy the day.
A BBQ lunch will be available

Sausages \$2
Hamburgers \$3
Soft Drink \$2
Bottled Water \$1
Icy Pole \$1







#### NB: Some dates may be subject to change

## **Key Dates**

February	
10th to 12th	Year 12 Retreat
Tuesday 16th	Shrove Tuesday
Wednesday 17th	Ash Wednesday Liturgy
Monday 22nd	Immunisation forms to be returned to Wexford Office
Friday 19th	Swimming Carnival
Friday 26th	College Opening Mass 9.30am
March	
Wed 3rd to Friday 5th	Year 8 Camp
Thursday 4th	O & M Swimming
Friday 5th	Year 10 Holocaust Excursion to Melbourne
Monday 22nd to Wednesday 24th	Year 7 Camp
Thursday 25th	O & M Senior Intermediate Sport
Tuesday 30th	O & M Junior Sports Day
April	
Thursday 1st	End of Term 1
Monday 19th	Term 2 begins

### **Senior School Key Dates**

## Key dates -

- •Friday 7th May 12-6pm Parent Teacher Interviews
- •12-14th May Year 11 Camp Melbourne CBD
- Wednesday 9<sup>th</sup> June GAT
- •Wednesday 20th October Yr 12 classes conclude
- •Thursday 18th November Graduation mass and Valedictory dinner
- Wed 27th Oct—Wed 17th Nov VCE Written exam period



**Available from the Wexford Administration** 

## **Canteen Menu**

Hot Food	<u>Drinks</u>
\$4.00 Chicken snitz & gravy roll	\$2.00 Slushy
\$1.00 Steamed dim sim	\$2.50 Water
\$1.00 Hash brown	\$3.00 Flavoured milk
\$3.00 Ham and cheese toastie	\$1.50 Prima
\$4.00 Pasta	\$2.50 Quench
\$3.00 Noodles (chicken/beef)	\$2.50 Ice tea
\$4.50 Sweet chilli chicken tender wrap	\$3.00 Juice
\$1.00 Party pie	
\$1.00 Party sausage roll	<u>lcecreams</u>
\$4.00 Pie	\$1.00 Zooper Dooper
\$3.50 Sausage roll	\$1.50 Lemonade Icy Twist
\$1.00 Pinwheel	\$1.50 Mini Calippo
\$1.50 Pizza muffin (Hawaiian/BBQ	\$2.00 Cyclone
chicken)	\$2.00 Paddle pop
	\$3.00 Golden gaytime
20c Tomato sauce	
	Snack Foods
Sandwiches, Wraps and Rolls	\$1.50 Biscuits and cheese
\$5.00 Chicken snitz & salad wrap	\$2.00 Chobani yoghurt
\$4.00 Salad only (sandwhich/wrap/roll)	\$1.00 Jelly cup
\$5.00 Ham and salad (sandwhich/wrap/roll)	\$2.00 Red rock deli chips
\$5.00 Chicken and salad	20c Raspberry twists
(sandwhich/wrap/roll)	20c Yoghurt stick
	50c Python
Cakes	
\$1.00 Cookie	Fruit
\$2.00 Muffin	A selection of fresh fruit is available